

31[^] EDITION OF RUN ROME THE MARATHON
SUNDAY 22 MARCH 2026
OFFICIAL RULES (short version)

Infront Italy S.p.A. in association with Corriere dello Sport S.r.l., Atielle Roma S.r.l. and Italia Marathon Club - amateur sports club, affiliated with the Italian Athletics Federation (FIDAL) with code nr.RM094 (hereinafter "**Promoters**" or "**Organizers**"), with the approval of FIDAL and of the International Federation ("**World Athletics**"), organize the **31st edition** of the Rome Marathon, officially called "**Run Rome The Marathon**", a road race of top international level of km 42,195, partner race of the Abbott World Marathon Majors..

The race will take place **Sunday, March 22, 2026**, h **8:30 am** - Italian time – approximately.

Run Rome The Marathon will take place in all weather conditions.

The Run Rome The Marathon is certified with the "**FIDAL Gold Label**".

PARTICIPATION RULES

Pursuant to art. 34 of the Rules for the Organization of Events issued by FIDAL, the race is open to all athletes, from 20 years of age (born in 2006), who belong to one of the following categories:

1. **Italian and non-Italian athletes registered in 2026 with a club affiliated with FIDAL**
and belonging to the categories "Promesse" (20-22 years old), "Seniores" (23-34 years old) and "Master" (SM/SF35, SM/SF40, SM/SF45, SM/SF50, SM/SF55, SM/SF60, SM/SF65, SM/SF70, SM/SF75, SM/SF80, SM/SF85, SM/SF90, SM/SF95).
2. **Athletes registered with an Athletics Federation (other than FIDAL) affiliated to World Athletics**
by submitting, in case they are not enrolled by their Federation or Club or Assistant, a special form for self-declaring their membership. (Please download this form, fill in and sign it: <http://www.runromethemarathon.com/wp-content/uploads/2021/11/Autodichiarazione-Tesseramento-inglese.pdf>)
Non-EU athletes must submit a residence permit or a visa.
Athletes of foreign Federations that require the authorization to race abroad (Rule 4 of the International Technical Regulations) must submit the authorization itself.
3. **Italian and non-Italian athletes registered with a club affiliated with a Sports Promotion Authority (EPS) that has signed an agreement with FIDAL, only if in possession of a RUNCARD-EPS**
Italian and non-Italian athletes living in Italy, who are 20 years old (born in 2006) or older and are members of a Sports Club affiliated with a Sports Promotion Authority that has signed an agreement with FIDAL, may participate if they hold a valid (not expired) RUNCARD-EPS issued directly by FIDAL.

Warning: holding RUNCARD it is not sufficient. Participation is also subject to **possession of a valid medical certificate** (i.e. a valid medical certificate of eligibility for the practice of competitive "Athletics" (no other wording). **The medical certificate required by these regulations must be uploaded on the ENDU.net portal during registration, in the documents section, by the 10th day before the race. To be validated, it must be considered compliant with the participation requirements of the event.**

These athletes will be regularly included in the rankings, but not entitled to receive prizes, bonuses and refunds.

4. Italians and non-Italian citizens living in Italy holding a RUNCARD

Italians and non-Italian citizens living in Italy, who are 20 years old (born in 2006) or older and are not a member of a Sports Club affiliated either with FIDAL or with **World Athletics**, may participate if they hold a valid (not expired) RUNCARD issued directly by FIDAL.

Warning: holding RUNCARD it is not sufficient. Participation is also subject to **possession of a valid medical certificate** (i.e. a valid medical certificate of eligibility for the practice of competitive “Athletics” (no other wording)). **The medical certificate required by these regulations must be uploaded to the DataHealth portal through the ENDU.net portal, within 10 days before the race. To be validated, it must be considered compliant with the participation requirements of the event.**

These athletes will be regularly included in the rankings, but not entitled to receive prizes, bonuses and refunds.

5. Non-Italian and Italian citizens living outside Italy holding a RUNCARD

Non-Italian and Italian citizens living outside Italy, who are 20 years old (born in 2006) or older and are not members of a Sports Club affiliated with FIDAL or World Athletics, may participate if they hold valid (not expired) RUNCARD directly issued by FIDAL.

Warning: holding RUNCARD it is not sufficient. Participation is also subject to **possession of a valid medical certificate** (see below for the certificate requirements, need to download this form, fill in, signed and stamped by the doctor:

http://www.fidal.it/upload/files/Organizzazione/2019/Running/inglese_4.pdf.

http://www.fidal.it/upload/files/Organizzazione/2019/Running/francese_3.pdf.

The medical certificate required by these regulations must be uploaded on the ENDU.net portal during registration, in the documents section, by the 10th day before the race. To be validated, it must be considered compliant with the participation requirements of the event.

These athletes can submit a medical certificate issued in their own country, but complying with all diagnostic tests prescribed by Italian law – see below:

- Medical examination
- Complete Urinalysis
- Electrocardiogram at rest and after exercise
- Spirometry

All statements and the reports of the examinations must be authentic, or the originals.

These athletes will be regularly included in the rankings, but not entitled to receive prizes, bonuses and refunds.

6. Foreign athletes residing abroad who intend to participate as non-competitive runners

Participation is allowed for foreign citizens living abroad, who are 20 years old (born in 2006) or older and are not members of a Sports Club affiliated with FIDAL or World Athletics, by accepting the appropriate disclaimer when registering on ENDU.net

Warning: By choosing this option, the athlete will be included in the results only with the race time without the position and without the category, and he will not be able to receive any prizes.

IMPORTANT NOTICES:

- Athletes who are not in possession of the RUNCARD shall subscribe to it at the following address www.runcard.com;

- Athletes affiliated with other Federations (i.e. Triathlon) or Sport Promotion Authorities recognized by CONI can participate within the rules at point 3 and at point 4 (RUNCARD-EPS / RUNCARD + medical certificate for competitive Athletics.)
- Medical certificates must be specifically issued for "Athletics". Medical certificates issued for other sports will not be accepted.
- The RUNCARD card is renewable. The validity period is shown on the card. If, during the control of the card, it is determined that the card has expired, the athlete may NOT participate, unless they are able to show the receipt of on-line renewal.

ENTRY FEES

Run Rome The Marathon 2026

- € 89 from registration opening until 31/07/2025

The registration will be considered valid at the day of payment of the registration fee.

The registration fee is not refundable.

It is possible to transfer your registration for the 2027 edition no later than 31/12/2025 at a cost of € 30 by sending the request to rrtm@evodata.it.

The organization reserves the right to close registrations early upon reaching 30,000 registrations.

The Fee includes:

- race number;
- insurance against civil liability;
- technical and medical assistance;
- race pack containing sponsor's products;
- official technical jersey;
- refreshments and sponging along the route;
- official program and informational material;
- timing service;
- finisher's medal (for finisher athletes);
- personal clothes deposit (bag deposit);
- transportation to the finish line for athletes withdrawn along the route.

HOW TO REGISTER

Registration must be made on-line, following the instructions available on the website www.runromethemarathon.com. The cost of the on-line registration service is not included in the fees. It is possible to register as an individual or as a group. The registration will be considered after the payment of the registration fee.

ENTRY CONFIRMATION

It will be possible to verify the entry status by following the directions on the following website www.runromethemarathon.com. The assignment of the race number will take place just a few days before the race. A few days before the race, all athletes enrolled will receive an **e-mail valid as official "letter of confirmation"**. This email will contain all the basic instructions for the race number pick-up and race participation. **You do not need to print a hard copy of the email itself; you can bring it on a device like a smartphone or tablet.**

NON-ATTENDANCE AND REGISTRATION TRANSFER TO ANOTHER PERSON

The registration fee is not refundable. In event of non-attendance, the athlete can **transfer the registration to another person**, with a communication to be sent to the Promoters (by email rrtm@evodata.it) by no later than **03/03/2026**.

The substitute must register online (with all personal information, data relating to membership and presentation of the medical certificate and fully accept the race documentation) **by entering the code, sent to the email of the replaced athlete, at a cost of € 30.00 (plus service fees)**, as secretarial expenses for the bib change.

ASSIGNMENT OF RACE NUMBER

Race numbers **will be assigned automatically in steps** (i.e. those who register first will have a lower start number compared to those who register later).

Athletes registered by 28/02/2026 will automatically receive the customization of the race number with their name. If you do not want to have this customization, you will need to communicate it by 28/02/2026, by sending an e-mail to info@runromethemarathon.com.

Each athlete will be assigned with a specific start area. The area will be indicated on the race number to facilitate entry in their respective area.

The starting area will be **determined based on the "personal best time" declared by the applicants (until 28/02/2025) and obtained during the last 4 years during an official marathon** (alternatively, in an official half marathon but only if you do not have a personal best time to declare on the marathon distance).

The personal best time can be updated online directly by the athlete by accessing their registration. The starting areas (grids) scheme will be published later on.

BIB AND RACE PACK COLLECTION

The race bib and race pack must be collected in person at the Expo Village of the Run Rome The Marathon 2026. The place and opening hours of the Expo will be communicated later. Under no circumstances will it be possible to request the shipment of the bib and/or the race pack.

TIME LIMITS

Time limit to finish the marathon is 6h30'.

The Organizers will communicate the time limits for each of the intermediate steps. Following the marathon there will be a technical committee composed by one technical manager, one FIDAL judge and a representative from the Police department; the Committee will evaluate the timing of latest athletes on the route.

Athletes who do not respect the passage times at the gates will be invited by the marathon staff to board the buses for withdrawn athletes or continue running on the sidewalk and not on the road in compliance with the rules of the road.

COMPLAINTS

All claims must be submitted verbally to the Finish Judge within 30' from the publishing of the rankings, in first instance, and in second instance in writing to the Judge of Appeal, accompanied by a fee of € 100.00, which will be returned if the complaint is upheld. For all matters not expressly provided for

in this Rules the general FIDAL regulations are applicable. Race judges may disqualify athletes not having passed the detection points located along the route.

FRAUDULENT PARTICIPATION TO THE RACE - SANCTIONS

The participant is responsible for the ownership and custody of their race number, acquiring the right to use all the services mentioned in these Rules and subsequently communicated.

- (a) Any person who, without regular entry, participates without race number, in addition to being held liable for damage to persons or property, including himself, will incur disciplinary measures of competence of the federal bodies and may be liable for criminal sanctions for the crime of "theft" (art. 624 cp).
- (b) Any person who, without regular entry, participates with a counterfeit race number or otherwise not in accordance with the number assignment, in addition to being responsible as mentioned above, will incur the sporting sanctions and, in addition, will be liable to the penal sanctions provided for the crime of "theft" (art. 624 cp), or, alternatively, for the crime of "fraud" (art. 640 cp).

In cases a) and b) participants may be subject to the penalties provided for the crime of "failure to comply with the authority measures" (art. 650 C.P.). The above case will be seen only after verification of photographic documentation and / or video.

RACE CANCELLATION

If the race is cancelled or moved to another location and/or otherwise not carried out for any reason of force majeure including pandemics and natural events, not related to and beyond the will of the Organizers, including the revocation of race authorization by competent Public Authorities, the enrolled athlete will have nothing to claim from Infront Italy S.p.A. or the other co-organizers, even in the form of reimbursement of the costs incurred and to be incurred. The enrolment itself is valid as a waiver of any claim for financial damages already suffered and to be suffered in the future.

LIABILITY WAIVER

By subscribing to the Run Rome The Marathon, the athlete declares to know and to entirely accept the Rules of the race and to be aware of the facts that participating in the Run Rome The Marathon and/or sport events in general is a potentially risky activity. The athlete also declares having entered the race consciously and assuming responsibility for all risks arising from his participation like falls, contacts with vehicles, other participants, spectators or otherwise, any weather conditions, traffic and road conditions, any type of risk well-known and well evaluated. By submitting the entry application, the athlete, for him/herself and on behalf of anyone else, waives the Promoters, the Municipality of Rome, the Regional Administration, FIDAL, the G.G.G., all the sponsors, the representatives, successors, officers, directors, members, agents and employees of the companies mentioned above, from all present and future claims for liability of any kind, known or unknown, deriving from his/her participation in the event.

Furthermore, by submitting the on-line application, the athlete declares in having no knowledge of any medical condition or injury that can affect his/her participation to the race. The athlete also certifies the absence of sports sanctions, civil and/or penal, for facts relating to doping and declares that he/she has not and does not make use of the substances included in the doping list of the World Antidoping Agency (WADA). It is noted that competitors may be subject to doping controls by competent authority.

PRIVACY AND IMAGE RIGHTS

By submitting the online registration form, the competitor declares to be in possession of the medical certificate under D.M. of 18/02/1982 and to have read of these Rules, accepting them unconditionally in every point.

With regards to the processing of personal data, the participant, by selecting the specific box at the bottom of the online registration form, declares to have read the information statement pursuant to art. 13 of EU Regulation 679/2016 ("**GDPR**") ("**Information Statement**") and ex D.Lgs.196/03 as updated by D.Lgs. 101/2018 made available at the specific link and to have been informed through the above-mentioned Information Statement that consent for the processing of data strictly necessary for participation in the race is not necessary, when the processing is justified on a different legal basis of processing. The provision of personal data is optional. Lacking the communication of such personal data, you will be prevented from completing the registration. For purposes other than those strictly necessary for the participation to the race, the processing will be carried out only subject to participant's consent which, however, can be revoked at any time by the participant. The data must be complete, updated and legible also for insurance purposes.

The data, as better explained in the Information Statement - which is an integral part of these Rules and which is intended here integrally referred to - may be communicated and processed also by third parties offering services regarding and connected to the race, such as, for example: those aimed at timing, preparing and announcing the lists of results and those with the purpose of photographing or filming the competitor. Such subjects/entities, having regard to those data processing outsourced and carried out on behalf of the data controllers (as defined in the Information Statement), will act as external data processor, pursuant to section 28 of GDPR. Some of these subjects, however, might act as data controllers in respect to the communicated data, subject to the release of a proper information statement pursuant to Section 14 of GDPR, unless otherwise provided by laws.

At the race films and photographs will be taken and images, photos, videos, audio files of any kind, which may show the participant, as well as the results and rankings, may be communicated, published and/or divulged in any form. The athlete authorizes the Promoters, together with the entities entrusted to carry out the shootings/filming, to film the images of the event and to freely acquire the right to exploit them on any kind of support and for the maximum time limit provided by law.

By reading the Information Statement, the participant acknowledges that the aforementioned processing is strictly necessary in order to carry out the purposes explained in the Information Statement for which consent is not required, without prejudice to the rights set forth in articles 15 et seq. of the GDPR that may be exercised at any time as better described in the Information Statement. The participant may also have further information about the processing of personal data carried out through the Run Rome The Marathon web site www.runromethemarathon.com at this link <https://www.runromethemarathon.com/wp-content/uploads/2024/03/Informativa-iscrizione-Maratona-ENG-2025.pdf>

FINAL WARNINGS

The organizers guarantee the security of the event, in line with rules and regulations in force at the time of the event. Any further specifications will be indicated if necessary. The organization will

adopt all the regulations and procedures indicated by the government, the scientific technical committee and the FIDAL.

The Organizers will do everything to reduce the risk of contagion: the best result will be achievable with the active collaboration of each participant.

The Promoters reserve the right to modify these Rules at any time for reasons it deems appropriate for a better organization of the race, after having obtained approval from FIDAL. For matters not covered by these Rules the statutory technical regulations of FIDAL and G.G.G. are applicable. Modifications to services, venues and timetables will be communicated to registered athletes or will be posted on the website www.runromethemarathon.com. In addition, the documentation containing essential information required for taking part in the race it will be handed out alongside the race number.

CONTACTS

Website: www.runromethemarathon.com
E-mail (general info): info@runromethemarathon.com
E-mail (check registration advancement): info@evodata.it rtrm@evodata.it

Promoters:

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