

## **RUN4ROME RELAY FAQs**

### **PRE**

#### **Can I participate in the relay race?**

Participation is permitted to athletes aged 18 years or older on the day of the event. Each athlete must be in possession of a medical certificate of suitability for non-competitive sporting activities (obviously a certificate for competitive activity is also fine). If you are unable to submit a copy of the certificate, you must submit a signed declaration of possession.

Two of the four legs will be inferior to 10km making it eligible for athletes who have reached 16 years of age before or on the date of the event.

The registration for the Run4Rome is per team, or individually too. If you haven't done it yet, find three friends who want to run with you, then sign up! Alternatively, also sign up individually and we will find a team for you!

#### **Is it mandatory to choose a Charity to participate in the relay race?**

Yes, both in the case of registration through one of the charities of the Run4Rome Charity Program, and in the case of online registration on the website.

The goal of the relay race is very simple:

- 1) have fun with your friends
- 2) raise funds to support important charity projects

### **REGISTRATION**

#### **How do I make a registration?**

Bibs for the Acea "Run4Rome" Relay can be purchased through the charities participating in the project (with fee set freely by each of the charities. Registration will then have to be completed on [www.runromethemarathon.com](http://www.runromethemarathon.com) with the received code) or directly online by the event website. In both cases, it is not a simple registration fee, but a real donation to one of the many charitable projects that one can choose to support.

#### **Can you sign up and pay on the spot?**

No, registration and payment must be made in the manner indicated above.

#### **Until when can I register for the Run4Rome?**

The finalisation/registration must in any case take place on the event website, in the appropriate section by 10/03/2025.

#### **Can we sign up even if we don't have a medical certificate yet?**

Yes, the medical certificates or the substitutive statement of possession must be shown only upon collection of the bibs.

#### **How can we check our registration?**

The online registration portal automatically sends a confirmation email to each team member when the Charity validates the team registration. Further practical information will be sent to participants a few days before the race.

#### **How can I do in case of the online registration problems?**

Yes, send your inquiries to [run4rome@evodata.it](mailto:run4rome@evodata.it) about it.

#### **When and how is the order of the relay racers established?**

Further information on the procedure will be sent to those registered in the vicinity of the competition.

#### **Confirmation letter**

A few days before the race, all team members will receive a valid email as an official "confirmation letter".

This email will contain all the basic instructions for picking up the bib and participating in the race. You do not need to print a hard copy of the email itself; you can present it on a device such as a smartphone or tablet.

### **Where do we pick up the bibs?**

You will be able to pick up your bib (and race pack) at our Run Rome the Marathon Expo village upon presentation of a valid identity document and confirmation letter. The Expo will be open to the public on Friday 14 and Saturday 15 March 2024 from 9:00am until 8:00pm and is situated at the Palazzo dei Congressi, Piazza John Kennedy, 1, 00144 Roma RM.

Recommended Subway stops to reach the Expo:

- Eur Fermi (blue line B) 10 min on foot (800m)

The bibs and race pack must be collected by all members of the team (either individually or in group) or also just by a team representative or a delegate for the team.

What documents do you need to pick up the bibs?

To collect the bibs, the members, team representative or delegate of the team must present the following documents:

- valid identity document (for all team members)
- confirmation email (on smartphone or tablet) (for all team members)
- medical certificates or declarations of their possession (for all team members)
- Written proxy for the delegate signed by all team members

### **Can I pick up my bib on race day?**

No.

### **Security Procedures**

Special safety procedures will be put in place in accordance with the provisions of the relevant legislation. In particular, it is not permitted to bring inside the technical area any container (bag, backpack, etc.) other than the special bag provided by the organisation (and marked with the appropriate label with your bib number), inside which the individual items must be placed in bulk, to allow for an accurate and quick check by security staff.

Further information and details, also regarding health protocols, will be provided to the athletes in the weeks before the race with reference to the meeting places and times of the individual legs and summarized on the "race day info".

### **Bag Deposit Service**

The Organisers will provide a free bag deposit in the areas adjacent to the start of each leg. Relay bag storage arrangements will be detailed later and summarized on the "race day info" in the days leading up to the event.

It is recommended not to leave personal belongings (mobile phone, wallet, etc.) inside the bag (this bag will be given by the organization to each participant at the time of race pack pickup and must be used on race day to take advantage of the bag storage service). While ensuring the utmost care in the custody of the bag, the organisation will not be liable for any theft.

How to get there and how to go to the various stations

Further information will be given later

## **THE BIG DAY**

### **What's the date of the relay race and the start of the first leg?**

Run4Rome will be on Sunday 16 March 2025. Please note that variations in the timetable may be possible due to particular technical/organisational requirements.

The start of the first leg will be at 9:00 a.m. in Via dei Fori Imperiali (access from Piazza Venezia).

Access time to the starting area will be announced later (the start time may be subject to change).

The start of the following legs

The runners of the second, third and fourth legs will have to position themselves in the relay transition area corresponding to their relay number. Each relay transition area is indicated by numbered pallets. Your relay number is shown on the bib. The leg switch process will be

communicated later on.

**Will there be refreshments points on the route?**

In accordance with the regulations, refreshment points are provided at the finish line and along the route, no more than 5 kilometres apart. At the refreshment points, water, supplements, fruit and biscuits will be present. Each participant will receive a final refreshment at the end of their leg.

**Timekeeping**

The measurement of the times and the processing of the timing list will be carried out by means of a system based on an electronic transponder ("chip"), which will be delivered with instructions upon collection of the bib. Athletes and/or teams that in any way detach and/or damage the "chip" cannot be timed and will not appear in the timing list (in team alphabetical order).

**Medical service**

An adequate medical assistance service will be guaranteed on the route, with fixed stations and vehicles following the race. There will be one station at the end of each leg.

**After each leg of relay**

After the finish-line of each leg, the relay racers will receive participation medal, the final refreshment and other post-finish services (bag deposit, WC, etc).

**Where do I find the timing list?**

The timing list (in team alphabetical order) will be available in real time by following the appropriate links on the [www.runromethemarathon.com](http://www.runromethemarathon.com) website. Similarly, it will be possible to download the participation certificate.