

MRUNROME **MAGAZINE**

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27.03.22**



acea

**RUN
ROME**

THE MARATHON

ROMA CAPITALE





Il Gruppo Acea è una realtà consolidata nei servizi pubblici essenziali a livello nazionale e internazionale. I nostri principali core business, l'energia, l'acqua e l'ambiente, sono anche gli elementi fondamentali che lo sport abbraccia. Momento di aggregazione sociale per eccellenza, ogni evento sportivo esprime al meglio i valori che Acea promuove da sempre: lo spirito di squadra, l'amicizia, la solidarietà e il benessere.

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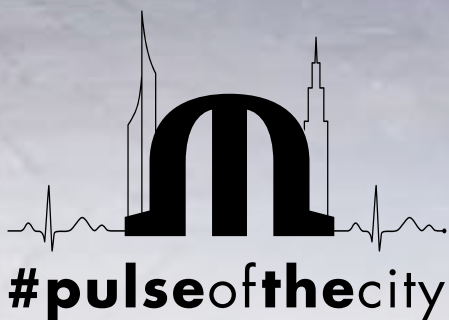
MAURICE LACROIX

Manufacture Horlogère Suisse



RUN
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Immergersi nel cuore di una città e immergersi nella sua atmosfera nel corso di una sfida personale: questa è la visione che Maurice Lacroix vuole realizzare come **timekeeper ufficiale** della maratona di Roma. L'evento sportivo riunisce corridori entusiasti che condividono tre caratteristiche, tra le altre: ambizione, concentrazione e passione. Caratteristiche che Maurice Lacroix ha anche interiorizzato e che il **marchio urbano** condivide di conseguenza con gli atleti ad alte prestazioni. Prima della gara, i partecipanti passano molte ore ad allenarsi e a migliorare le loro prestazioni. Maurice Lacroix ha anche investito molto tempo e sforzi nell'ottimizzazione dei propri prodotti per offrire creazioni accessibili con un design espressivo e un alto valore percepito. Proprio come gli atleti eccezionali, il marchio è innovativo e **punta al successo**. Sono proprio questi valori condivisi che rendono eventi come la maratona di Roma un partner eccellente per Maurice Lacroix.



ROBERTO GUALTIERI

Mayor of Rome Capital

This year the Acea Run Rome the Marathon returns to be in its fullness the extraordinary sporting event that has always been. This event is a great collective emotion, because it is really amazing to watch the race of many Romans who join the thousands of athletes and fans who meet in Rome from all over the world to run together, each time renewing the spirit of this race. We hope that with the 2022 edition of the Acea Run Rome Marathon starts from Rome a strong message of hope to consolidate a serenity that we are slowly finding after years of hard work. A message that makes the values and beauty of sport even more powerful.



*This event
is a great
collective
emotion*



ALESSANDRO ONORATO

Councillor for Sport, Tourism,
Major Events and Fashion
of Rome Capital

We are pleased to present the 2022 edition of the Acea Run Rome The Marathon, one of the most popular running events for runners around the world.

Our city is able to combine sporting events of the highest level with an offer of tourist accommodation and truly monumental beauty: running through the streets of the capital, so rich in historical charm and millennial culture, is an experience that goes beyond sport.

Finally Rome is back on the international sports scene with an event that the city can fully enjoy after the tough period of restrictions.

We are waiting for you on the track, with the usual start in Via dei Fori Imperiali, to kick off the marathon of the Eternal City.



*Finally Rome
is back on the
international
sports scene*





photo: paolo spadacini

THE BEEF



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SANBENEDETTO fa un altro passo avanti verso la piena sostenibilità: nasce **ECOGREEN 100 Eco**. La prima linea di Acqua Minerale San Benedetto che oltre a compensare il 100% delle emissioni di CO₂eq, utilizza bottiglie prodotte con il 100% di plastica riciclata.

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— **ALESSANDRO GIACOMINI** —
Managing Director
Infront Italy

After a few months from the first edition, the Acea Run Rome The Marathon returns to its natural location at the end of March with great enthusiasm and finally in the completeness of its organization, not only with the 42.195 Km of the marathon and the solidarity relay, but also with the Stracittadina Fun Race finally in real and not only virtual form.

In these months we have worked with great professionalism and dedication, we have taken risks and we have strongly wanted to carry out this project, despite the difficulties related to the exacerbation of the pandemic and the inevitable organizational problems.

We have introduced new elements, aiming to transform the Acea Run Rome The Marathon in a totally sustainable event, through a clear plan of actions for the reduction of the environmental impacts and the valorization of the social and economic benefits of the event.

We are convinced that our second edition will be a great success, a high-level event at which athletes, amateurs and families will be proud to participate and, thanks to which, our partners can activate effective communication and marketing initiatives. Our goal as Organizing Committee is to be counted among the great Majors: a long road but full of opportunities, so we ask the support of the institutions in encouraging a bureaucratic simplification that allows athletes to register more easily and participate in our event and all the events on the road in Italy.



— **DANIELE QUINZI** —
Marketing Director Carriere
dello Sport - Stadium

The arrival of spring in Rome, for almost thirty years, has been characterized by a great international marathon. In March 2020 we were ready, they blocked us just before the start for the known reasons. We were the first great international marathon to restart in September 2021 with the Alba Special Edition that gave us unique emotions. We restarted Rome, we energized the whole city. Today we take back our real place, we will be over 10 thousand at the start for the 27th edition of the marathon, then the solidarity relay Acea Run4Rome and thousands of other participants in the Stracittadina Fun Race. This is the strength of this event: everyone can participate. From children to the elderly, trained and less trained. The Rome Marathon, with a route that traces thousands of years of history, is for everyone, from all over the world. Five thousand foreigners, over 100 nations represented, side by side at the start, united, without distinction, happy to be there, equal in the joy of crossing the finish line. This is the strength of the marathon and the Acea Run Rome The Marathon.



— **NICOLA FERRANTE** —
Italia Marathon Club
President

It runs on March 27 in Rome with the great format of Acea Run Rome The Marathon. Three events in the same day with the traditional marathon, the second edition of the relay Acea Run4Rome, the return of the Stracittadina Fun Race in presence as well as virtual.

Many will be the concomitant events able to color the city as it has always been done. With the Roman citizens who will surely be in the streets to cheer because they are today "the first sponsor" of this event, now of global importance.

Over 10,000 are the members of the 42,195 km that have chosen to run in the most beautiful streets and squares in the world, in a scenario without equal. A unique atmosphere in which even the best performances of each participant can be centered, thanks to an accurate technical offer and services made available. In short, a race to run absolutely.

The guarantee is that the organization of Acea Run Rome The Marathon will give the maximum, a highly professional and synergistic team.



— **ROBERTO CIANCI** —
Atielle President

The Acea Run Rome The Marathon of March 27 is increasingly taking shape, the event of the return to its historic date which is the spring race and opens the season to all other Italian marathons.

In this regard, I would like to send a warm greeting and a strong good luck to all the participants who honour us with their presence.

A marathon that has no equal in the world as charm and cultural heritage.



— **NICOLA ZINGARETTI** —
Regione Lazio President

We need more than ever the joy that sport gives us and great collective events such as the Acea Run Rome - The Marathon. With science, with vaccines, with the responsibility of all we are regaining our freedoms, and sport, in this process of rebirth, is a fundamental tool.

The Rome Marathon is a big party every year more participated, not only for the beauty of the route but also for the ability and tenacity of the organizers to make it more open and accessible: this year will be even more so, thanks to the novelty of the relay, that will allow to widen the participation. These kind of initiatives give Rome the international dimension it deserves and help us to convey the essence of sport, as an exceptional instrument of social inclusion. That's why this year the Lazio Region accompanies this beautiful race.

To the organizers, the spectators and especially the runners who are preparing to face this challenge, I wish you all the best for a day of healthy competition and fun.



— **MICHELA CASTELLI** —
Acea SpA President

Back again this year the Acea Run Rome The Marathon, highly anticipated event by runners and fans of the sector. We are proud to support, for more than 20 years, one of the largest sporting events in the world. In particular, in this edition great attention has been paid to the issue of respect for the environment. In fact, thanks to the ZeroCO2 project, Acea Run Rome The Marathon's partner, 3,000 trees will be planted in Guatemala to reduce carbon dioxide emissions. The proximity to this initiative testifies to Acea's commitment to promoting sustainability, among the founding values of the company's industrial strategies.



— **GIUSEPPE GOLA** —
Acea SpA Ad

Sport, respect for the environment and culture are values in which Acea is recognized. Three values that fully represent the Acea Run Rome The Marathon. It is one of the most fascinating sports competitions in the world, a "race in history" among the beauties of the Eternal City. Acea has now linked its name to this event to witness the deep bond with the capital, the city in which it has been operating for over 110 years. We are pleased to support the marathon that conveys healthy principles of sport such as sharing and participation. With Acea Run Rome The Marathon we also continue Acea's commitment to promote increasingly green lifestyles," said



— **GIOVANNI MALAGÒ** —
Coni President

Fantastic journey through the beauty of the eternal city. A marathon that pays homage to Rome and the magic of a discipline that has its roots in the history of sport.

The 27th edition of the event is an appointment not to be missed for its meaning and for the contents it promises to express. Departure and arrival at the Imperial Forums, the opportunity to caress the golden and timeless charm of the Capital, a thrilling path, the desire to leave its mark to put your signature on a great competitive page.

The Acea Run Rome The Marathon draws interpreters of great thickness and guarantees a great competition, in the wake of tradition. Special emotions, those over 42 lern will live in the name of the most accredited technical values, without forgetting the initiatives open to all.

It will be a great celebration, another fantastic opportunity to bring young people closer to the movement.

With the goal of creating the premises of a better society, built on the strength of sport. Good marathon to all!



— **VITO COZZOLI** —
Sport e Salute President

Last year the Acea Run Rome The Marathon was the first major international marathon to resume activities. This year, with all the precautions imposed by compliance with the rules, we are in a normal situation.

But the race in Rome will never be normal. It's always a bit special: there are many projects related to the event that will involve the whole city, in the magnificent setting of the capital. Which is more than special: it's unique.

It should also be remembered that the Acea Run Rome The Marathon follows a strategy of sustainability, both social and environmental, aiming to reduce its environmental impact by 2023. So the deadline is close.

For health, sport is crucial, because it helps the body, mind and relationships with others. Feeling part of a team is for Sport and Health a primary goal to be achieved, in favor of the well-being and restart of all sporting events.



— **STEFANO MEI** —
Fidal President

Run in the most beautiful streets of the world, live a challenge with yourself and a healthy competition with others. The Federation will always be on the side of the Acea Run Rome The Marathon, an essential event for thousands of fans of athletics and running. We are working so that the great Italian marathons can grow more and more, and for this reason we are in close contact with the Ministry of Health and in particular the undersecretary Andrea Costa to reach the goal of the Mozione Lupi, which would make the presence of foreign athletes easier. In these months we have spent to ensure the smooth running of road racing, combining compliance with safety measures to the need to protect sports practice. We know the additional effort imposed by the current situation: my sincere thanks go to the organizers for the tenacity and professionalism with which they have set up in this edition a marathon with international prestige



— **SANDRINO PORRU** —
Fispes President

It is with great pleasure that we celebrate once again the union between Paralympic athletics and the Rome Marathon. Also by 2022 the streets of the capital will be open to the Paralympic marathoners of FISPES, the Federation of Para athletics that I represent, an opportunity that makes us increasingly proud of the increased awareness shown by the organizers of the Acea Run Rome The Marathon. The race of 42.195 km, which will develop in the secular frame of Rome, unique in its kind, will echo the message of inclusion that only sport, in an important way, is able to offer to people with disabilities.

To all the athletes goes my greatest good luck. May it be an unforgettable marathon for everyone!

ACEA RUN ROME THE MARATHON RETURNS IN SPRING BETWEEN SPORT, PEACE AND SOLIDARITY



Said the Mayor of Rome Capital Roberto Gualtieri in a press conference on March 10: "Today, finally, the Acea Run Rome Marathon can return to express itself in all its beauty, renewing that inclusive spirit that makes it unique, we will make sure that this day can start a strong message of peace" and confirmed on behalf of the organization in the same appointment Niccolò Morinati (Infront Italy): "It will be an important moment, not only from sports and social point of view, but also as a sign of solidarity to help people who are suffering from the war. Infact, we have expanded our collaboration with the Food Bank, both for economic aid, both for basic necessities, first of all by the Organizing Committee and on a voluntary basis by the runners".



Acea Run Rome The Marathon, is an event organized by Infront Italy, Corriere dello Sport - Stadio, Italia Marathon Club and Atielle. This edition returns to the usual period of early spring after having had to postpone the event in March 2020, due to pandemic until the Alba Special Edition on 19 September when the start was at 6.45 am. Rome started running again and woke up with cheering runners on the streets. Only six months have passed, but the desire to reconquer Rome, to run in a path unique in the world that sees thirty historical and artistic monuments of 42.195km, is very strong.

Almost 11 thousand registered participants, 5 thousand foreigners from 100 nations of the world. The winner will be the Kenyan debutant Clement Langat Kiprono who won in 2h08'23" and the compatriot Peris Lagat Jerono who crossed the finish line in 2h29'29". In the race more than 135 pacers divided into different time objectives, from 2h50' to 6h30', with the fitwalkers, to help runners of all levels to reach the finish line in front of the Colosseum.

Acea Run Rome The Marathon is dedicated to peace for the war in Ukraine, the marathon has always been a symbol of union among peoples. The support for Banco Alimentare that is already operating in the affected areas comes from both the organizer and the participants who for a few days can donate through the registration platform Endu.

Lorenzo Benfenati was the general coordinator of the event, Project Manager of Infront as well as the technical director of the marathon Nicola Ferrante, in the double role this year also as President of Italia Marathon Club. In addition to the international marathon with start fixed at 8.30 am, the Acea Run4Rome relay race (9.00 am) and the Stracittadina Fun Race from 5km (9.15 am) that you can run in presence, with arrival at the Circus Maximus, after being carried out in September in a wide-spread and virtual form.



27 MARZO 2022

MARATONA DI ROMA

CORRE LA PASSIONE

**LAZIO,
TERRA DI SPORT**



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REGIONE
LAZIO

RUN4ROME IS A SOLIDARITY RELAY RACE LINKED TO RUN ROME THE MARATHON



The Run4Rome charity programme is all about freedom, friendship, well-being and team spirit. It means being good to yourself while doing good for others. It means running a marathon in a team of 4 and feeling like a marathon runner, but it's not just about running 10km each. It isn't a race against the clock or against your opponents. It's much more than that: it's about supporting the non-profits that have joined our project, and collectively believing in a genuine ethical and social project.

Run4Rome is the goal that so many people want to experience: by feeling the exhilaration that comes from crossing a marathon finish line, you can race alongside your lifelong friends, gym buddies, your padelball or 5-a-side teammates, your colleagues, siblings or cousins. Make Run4Rome a family affair! You can sure of having a good time. In fact it'll be 4 times the fun, because you'll be racing alongside your teammates: they'll be running for you and with you, which makes everyone a winner! With each entrant running a leg of approximately 10 km, it's certainly doable. Plus, the event taking place on 27 March 2022 is set to be even bigger and better than past races, with even more music and activities planned for the handover points.

CHANGE POINTS Departure, as for the marathon, from Via dei Fori Imperiali for the first relay runner who will finish his ride after 13 km in Piazza Azeglio Ciampi. At that point there will be the transfer of the baton to the teammate who will run for the next 11.8 km up to Lungotevere Oberdan. From here the third relay runner will start to complete the shortest fraction, the 7.2 km one that ends in Via XVII Olimpiade, the place from which the last teammate will start in the direction of the finish, after 10,195 km, in Via dei Fori Imperiali.

The registration fee is set freely by each Charity, it is not a simple registration fee, but a real donation to one of the many charity projects that you can choose to support.

To date they are the AIRC Foundation, the Alzheimer Marathon Foundation, the Operation Smile Italia Onlus Foundation, the SportCity Foundation, La Stella di Lorenzo Onlus, Sport Senza Frontiere Onlus, Rotary International District 2080 and Il Mondo di Matteo.

Each Charity Partner can freely set the registration fee, an economic commitment that goes beyond the simple participation in the event since it aims at a greater goal, that of transforming the city into a flow of solidarity, running all with heart in hand.



ASCOLTA RADIO 105

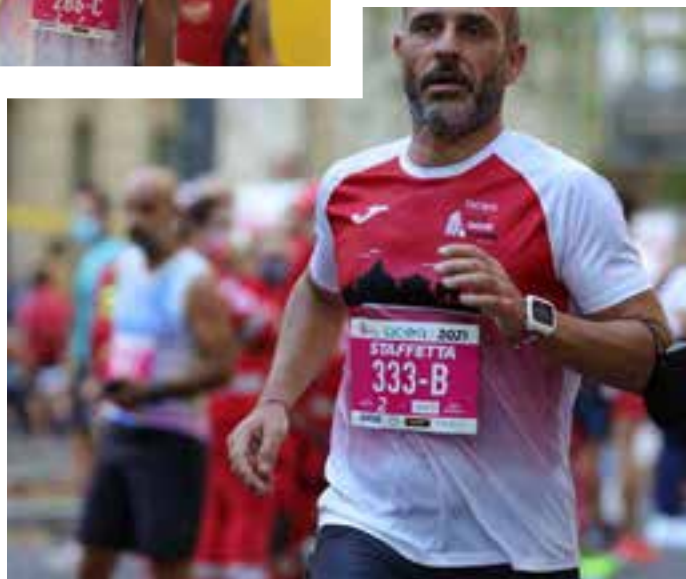
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RELAY RACE





THE NON-PROFIT ORGANIZATIONS TOOK THE FIELD



FONDAZIONE AIRC

AIRC Foundation for Cancer Research is the first private center of funding of independent cancer research in Italy. AIRC continuously supports more than 5,000 researchers working to find the right solutions for all types of cancer, disseminates the correct scientific information and promotes the culture of prevention. The project Run4Rome solidarity has become an important event both for the fundraising activity, both to raise awareness of the value of healthy behavior to keep fit. #todayirunforAIRC at Run4Rome is an initiative that allows us to combine the themes of proper lifestyles and physical activity with the concrete support of research. On the one hand all runners can participate in the marathon in teams consisting of 4 components that will divide the 42,195km of the route, and on the other hand our teams have the opportunity to create a real virtuous relay with the aim of collecting new resources to be allocated to our best scientists. We are participating again this year to give continuity to the success achieved in previous editions; we want to further grow the AIRC team and increase the fundraising to support our researchers who work every day to make cancer more and more treatable. On 27 March 2022 it will be a time of sport, sharing, commitment and fun for everyone. www.airc.it



FONDAZIONE MARATONA ALZHEIMER

A concrete commitment to address the complex issues posed by dementia and those suffering from Alzheimer's disease. The aim is to affirm and spread a culture of rights, to make the lives of sick people and their families better, combining the themes of care and assistance with those of prevention and scientific research. We are present at Run4Rome to witness the importance of prevention in neurodegenerative diseases and sensitize people to this terrible disease that involves more than a million people just in Italy. www.maratonaalzheimer.it/it/fondazione-maratona-alzheimer/



FONDAZIONE OPERATION SMILE ITALIA ONLUS

The Fondazione Operation Smile Italia Onlus adheres to the charity project of Acea Run4Rome because the initiative combines sport, wellness and solidarity. The Foundation - thanks to doctors, nurses and health workers - is active in Italy with the Smile House project for the care and assistance of patients suffering from facial malformations, from gestational diagnosis to adulthood. The Agency also supports the commitment of the International Organization of which it is part, with 40 years of experience in the treatment of the labiopalatoschisis. We expect this event to help an increasing number of people to be part of this virtuous circle, which contributes in an effective way to give a smile that goes beyond and continues over time. <https://operationsmile.it/>



FONDAZIONE SPORTCITY

For the first time, the SportCity Foundation is part of the Charity Program of the Run Rome the Marathon with the aim of promoting and supporting sport in Italian cities. The solidarity race will help the sweet revolution of which Fondazione SportCity is the promoter where city parks and urban squares become the sports venues ready to host sports activities accessible to the whole community. The city is the perfect place to carry out sports activities and the Rome Marathon gives you the opportunity to run safely through the streets of the most beautiful city in the world. The 27th of March promises to be a great celebration of solidarity in the name of wellbeing and collaboration. Together to change the conception of sport for all.



ROTARY INTERNATIONAL DISTRETTO 2080

Since 2013, Rotary International District 2080 has joined forces with its Rotary clubs in Rome, in Lazio and Sardinia runs with solidarity runners the Rome Marathon with the aim of raising funds to help eradicate polio from the world. As a founding partner of the Global Polio Eradication Initiative (GPEI), we have reduced polio cases by 99.9% since our first child vaccination project in the Philippines in 1979. Rotary members have contributed over \$2.1 billion and countless hours of volunteer work to protect about 3 billion children in 122 countries from this crippling disease during countless missions and vaccination campaigns. Rotary's advocacy efforts have played a role in governments' decisions to contribute over \$10 billion. Today, polio remains endemic only in Afghanistan and Pakistan. But it is essential to continue working to keep other countries polio-free. If we stop all eradication efforts today, polio could paralyze up to 200,000 children every year within 10 years. Running with a goal of solidarity, which is to do good in the world, through the eradication of a disease such as polio, makes us happy, and the 27 of March 2022 therefore will be a day of celebration and we hope also in a beautiful sunny day. www.rotary.org



SPORT SENZA FRONTIERE ONLUS

Education, inclusion and social cohesion, psycho-physical well-being through sport for children and adolescents living in situations of hardship and at risk of social exclusion in Italy, represent the heart of the project that Sport Without Borders has been carrying out for 10 years. The educational and sports courses are realized in collaboration with a network of sports associations and with a multidisciplinary team formed by tutors, educators, psychologists, cultural mediators, sports teachers and doctors with reference health structures, carrying out constant monitoring of the beneficiaries entered. Since the association has sport as the center of its mission, it is natural the link and participation in major sporting events that take place in the territory where the project is present, that is, in large Italian cities, in particular in Milan, Naples and Rome.

In Rome Sport Without Borders immediately felt a strong link with the largest sporting event that the city hosts for years: the Marathon. Since the association was founded in 2011, it has never failed to line up runners and involve children and families, to promote the initiative with enthusiasm, even earning the XXII Rome Marathon the first prize as the largest charity!

Over the years, a group of solidarity runners has naturally formed that run for Sport Without Borders collecting funds to support the association's projects. This year it will be the same. We will be there!



STELLA DI LORENZO

Born in 2012, since then it has been at the forefront of the prevention of sudden juvenile death caused by dangerous arrhythmias. For this purpose it carries out numerous activities: electrocardiographic screening campaigns in schools, in collaboration with the Bambino Gesù Hospital in Rome and the Niguarda in Milan; BLS courses; defibrillator donation; funding of scientific research, in particular through the project @BeattheBeat with the Department of Biology of the University of Padua. Also this year La Stella di Lorenzo Onlus wants to be present at the initiative of solidarity of Run4Rome: it is an excellent opportunity to spend time together, play sports, have fun and collect funds for research on dangerous arrhythmias. We hope to involve many runners, because their heart also beats to protect the heart of others.

www.lastelladilorenzo.org



IL MONDO DI MATTEO

The Association "The World of Matthew" was born from the desire to spread the sports paths, everyday life, the experiences that have allowed Matthew to grow in a very particular world. Matteo was champion of diving and life. Despite the many difficulties he had to endure, he taught everyone what it means to LIVE LIFE WITH A SMILE. Become a champion of solidarity and sign up now! Running for THE WORLD OF MATTHEW means supporting scholarships for cancer research, donating equipment for pediatric oncohaematological departments, bringing the magic of Christmas to the little ones of the oncological department of the pediatric hospital Bambino Gesù in Rome, carry out the project "Teach me to smile" aimed at young patients with speech disorders. Join the smile of Matteo, sign up now and run your most important race, follow the Facebook page and Instagram and the website ilmondodimatteo.com



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www.madiventura.it

STRACITTADINA FUN RACE

STRACITTADINA FUN RACE, THE RETURN TO FUN

Walk, run, get together, experience the city on a Sunday morning in spring, feel the freedom and carefree. Back Sunday, March 27 in Rome the Fun Race, the stracittadina linked to the Acea Run Rome The Marathon on the distance of 5 kilometers.

After the virtual edition of September 2021, we return to live, in presence, with the departure from Fori Imperiali, for an edition that will go down in history. However safe, even more fun, innovative, and sustainable. But it won't be just Rome. Those who want, can participate in the stracittadina Fun Race also in virtual mode from all over Italy, because it is nice to feel part of an event and believe in this even if at a distance.

Everyone of all ages can participate, there is no need for any competitive medical certificate.

The members will have:

- » The souvenir t-shirt, in technical fabric for runners, signed by technical partner Joma.
- » The medal award (reserved for under 18).
- » The Gym Bag with any sponsor products.
- » Early price Adults (from 8 years up) € 9.99 by 6 January 2022 - price including race bib, race pack and medal*

IN SAFETY A safe event, both in the presence mode and in the remote virtual one. Run where, how, when and with whom you want, no possible gathering.

Take back the green, the pure air, the open spaces, because with your Stracittadina Fun Race all the parks, the gardens, the pedestrian cycle paths will become your ideal itinerary to give vent to your passion for 5km.

SOLIDARITY The Stracittadina Fun Race has a strong spirit of solidarity, as always in the history of this fundamental

event the commitment and collaboration of CSV Lazio (Service Center for Volunteering) co-organizer of the Fun Race and that will organize a new edition of Together for the Common Good - Good Deeds Day, the great event dedicated to volunteering. A partnership that continues over time to talk about charity and volunteering thanks to the active collaboration of many member associations active in the area.

For all interested non-profit organizations this translates into a fundraising opportunity because thanks to the Charity Program of Stracittadina, associations can collect registrations and retain part of the proceeds for their activities.

GREEN The Fun Race launches an important project, to support, called Zero Co2 which provides for the planting of one tree for each of the first 3 thousand members and the possibility of doubling the planting thanks to an offer during the purchase of the bib.

Registration for the Fun Race is possible with the following options:

- » Individual Children (0-8 years) € 3,00 - price including bib and medal*
- » Individual Adults (from 8 years) € 13,00 - price including race bib, race pack and medal*
- » Groups starting from 4 people (over 8 years) € 10.00 per person from 4 years - fee including race bib, race pack and medal
- » Early price Adults (from 8 years up) € 9.99 by 6 January 2022 - price including race bib, race pack and medal*





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Nuova BMW i4: consumo di corrente in kWh/100 km: fino a 22,5; emissioni di CO₂ in g/km (ciclo misto): 0.
Le emissioni di CO₂ riportate sono state determinate sulla base della procedura WLTP di cui al Regolamento UE 2017/1151.
I dati indicati potrebbero variare a seconda dell'equipaggiamento scelto e di eventuali accessori aggiuntivi.
Immagine di prodotto visualizzata a puro scopo illustrativo.

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STRACITTADINA FUN RACE IS WITH CSV LAZIO

Walk, run, get together, experience the city on a Sunday morning in spring, feel the freedom and carefree. The Fun Race will be back on Sunday, March 27 in Rome, the stracittadina linked to the Acea Run Rome The Marathon over the distance of 5 kilometers.

The Stracittadina Fun Race has a strong spirit of solidarity, as always in the history of this fundamental event the commitment and collaboration of CSV Lazio (Service Center for Volunteering) that will organize a new edition of Together for the Common Good - Good Deeds Day, the great event that promotes solidarity and the practice of "good deeds": being and doing together for the Common Good, which is in the DNA of volunteering. Now in its seventh edition, the Good Deeds Day, Together for the Common Good is an event of "social activation" born internationally and takes place in 100 countries around the world with the total membership of about 4 million people. In Italy it is promoted in Rome by CSV Lazio, Service Center for Volunteering. The Good Deeds Day is characterized by initiatives of solidarity and care for the common goods, spread in the city and in the Roman province, thanks to the great protagonism of associations (over 1400) and volunteers. And for



this, he received for two years the Medal of the Presidency of the Republic. This year the GDD takes place on 25, 26 and 27 March and on 2 and 3 April.

Sunday, March 27 many associations will welcome participants in the amateur race at the point of arrival of the 5km: the Circus Maximus. The affected area will be set up with stands made available by the CSV Lazio to allow associations to entertain, raise awareness and inform all citizens present with workshops, free visits for health prevention, entertainment for adults and children.

Like every year, those who want to run can enroll in the Stracittadina through voluntary organizations that join the Good Deeds Day, thus providing a small contribution to their activities. Thanks to the Charity Program of the Fun Race, managed by Csv lazio, associations can collect registrations and retain part of the proceeds for their activities.

TOGETHER TO... REALIZE A DREAM AT THE ACEA RUN ROME THE MARATHON

As for 2021, the special group of pushers of disabled children return

Rome Maraton is an event for everyone, a wonderful tool for inclusion and sharing. As has been the case in Rome for years, space and applause for the pushers who report to INiX, which is going to 'Insiemeper...' Title to be completed and continue with 'realize a dream', but it could be anything. The important thing is to be 'Insiemeper...' which officially is a multi-sports company affiliated to an EPS (UISP); INiX has in its DNA the will to do and the willingness to do that can and must meet with the opportunity to do. Chaired by the engineer Guerrino Fosca, 'Togethertor...' at the Rome marathon will be completed with "realize a dream" ... for and with others. To define it this way is Francesco D'Andrea, one of the five founding members: "We are there for others, for those who want to fulfill a dream - says an enthusiast Francis - helping a disabled wheelchair to run a marathon is the union of two dreams: who drives and who is pushed".



At the Acea Run Rome The Marathon there will be with the usual formula, the 1:1 ratio between pushed and pusher. In particular the group will be formed by 14 boys pushed, 17 athletes pushers and 3 assistants on the bike.

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THE TIBER IN THE MEDAL. BETWEEN HISTORY AND COURAGE



Courage, boldness, strength, determination, heroism, history, determination, pride. These are the characteristics of every marathon runner who will be at the start of the Acea Run Rome The Marathon. 42,195km to run, thousands at the start for a goal to conquer and to get around her neck, the medal: unique and unrepeatable, to earn with sweat and effort.

MARATHON The star of the 2022 medal is the Tiber, the absolute symbol of Rome. The Tiber crosses Rome, as well as the 42km long marathon between unique historical monuments, asphalt, cobblestones. And water. Yes, that of the Tiber, which flows through the eternal centuries of the capital and has accompanied marathon runners to the finish line and victory for 27 years.

Marathon runners run like the Tiber. Nothing could be more true, looking at the map of the route, the river is in the center of the Acea Run Rome The Marathon, as it is in the center of Rome, with its water, a source of life, fundamental for the marathon runner.

AL CENTRO DEL MONDO With the medal for the Acea Run-4Rome solidarity relay, Rome returns to the center of the world. All 4 members of each team will be winners and will wear an important symbol around their necks. In fact, the pavement of the Capitol, now the seat of the City of Rome, is represented. Designed by Michelangelo in 1500, the floor

with a star motif, inserted in an oval, was to represent the rediscovered centrality of the place: the navel of the world, the place considered most sacred by the ancient Romans. And on March 27, the center of the world and the race will still be Rome. Rome Caput Running you might even say.

STRACITTADINA For the Stracittadina Fun Race from 5km, that this year returns in presence after the diffused edition of September 2021, it is raced in the history. There are represented the Columns, a tribute to the Temple of Venus Mother, located inside the Forum of Caesar. The columns and the entablature, a symbol of Rome and its thousand-year history.



[WATCH THE VIDEO](#)



THE JOMA T-SHIRTS

Also presented are the official t-shirts of the event, different in style for each of the three distances provided, but all in breathable technical fabric of Joma.



FROM LEFT THE MARATHON T-SHIRT, THE FUN RACE AND THE ACEA RUN FOR ROME T-SHIRTS. BESIDE THE SHIRT FINISHER.

Shooting the graphics of the medal, the one of the marathon, in large shows the map of the city of Rome with the Tiber. Also for the relay, it is repeated the theme of the flooring of the Capitol and for the Stracittadina Fun Race a fluo green color with the inscription Veni Run Vici.

THE T-SHIRT FINISHER

"They don't remember the days, they remember the moments." It is the quote of Cesare Pavese to lead us in the moments of the Acea Run Rome The Marathon of 27 March 2022.

The moment of the start on the Fori Imperiali with the imposing Colosseum always present, goal to be reached after the 42.195km journey.

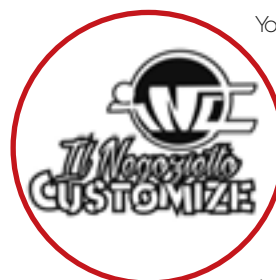
The moment and the applause of the Spanish Steps. The moment of the passage under the Flaminio Obelisk in Piazza del Popolo. The moment with the majesty of Castel Sant'Angelo. The moment of the Pyramid Cestia, built in just 300 days. And finally the moment of the eternity of the Baths of the Emperor Caracalla. Moments and moments, all together on the chest and inside the heart for a special and indelible day by lions that become an immense memory in the official T-shirt FINISHER of the 27 Acea Run Rome The Marathon.

Produced by Joma and in technical material, a unique piece, to be exhibited with an open face and deep eyes scratched by fatigue and happiness. T-shirts to collect, want, desire, dream. To have. Who will wear this t-shirt will be a marathon runner Eterno. Finisher Special Edition T-Shirt, limited edition. Not for everyone, but it can and should be yours.

You can buy it in Expo on race days, but you can be sure to have it and pre-purchase it on the Endu marathon registration platform

- [Buy Here](#)

Note: The Finisher jersey can only be withdrawn at the EXPO on Friday 25 and Saturday 26 March 2022.



Your emotions, your running is something unique. Make unique also your official t-shirt Acea Run Rome The Marathon, during the race days in Expo, go to the stand THE SHOP CUSTOMIZE. It will be located near the collection pack race/t-shirt, in a few minutes you can print what you want at a cost of 5 euros. You can buy them on the Endu marathon registration platform - [Buy Here](#)



JOMA STORM VIPER, THE SHOES OF ROME

The new official shoes Acea Run Rome The Marathon are, more than ever, a tribute to Rome and especially to Italy. The two shoes are different colors and from the point of view of the runner form the flag of the Italian Republic. The green and red colors on the outside of the shoe fade into white, creating a unique effect.

Marina Lopez, owner and Marketing Director of Joma Sport: "I am very happy to be here, it is the second year that Joma is official technical sponsor and we are proud to be present in support of such a special event for us, an international event with a very important global impact. When my father founded Joma, he started just making shoes for athletics, for running, and he never thought he would come, 50 years later, to dress so many athletes around the world. Today Joma dresses almost all sports, sponsors important events such as Acea Run Rome The Marathon, and collaborates with the best athletes in the world. We have achieved these results thanks to investments in research and development, which have allowed us to create products of the highest technical value. We are therefore very proud to be alongside Acea Run Rome The Marathon and for this edition, we have developed an exclusive shoe dedicated to the event, a tribute to the Marathon, the city of Rome and Italy. An extremely technical shoe that will support athletes to the finish line of their race." These custom running shoes with an exclusive design, available in both men's and women's models, are designed for runners with neutral support, both for training and for the race. The upper is composed of a single piece of breathable fabric to avoid chafing and offer greater comfort, and features micro-holes of VTS technology to ensure optimal breathability at every step. It also provides greater flexibility in the areas of the in-step, where bending is carried out. In addition, the injected TPU reinforcements of the JOMA SPORTECH system are integrated into areas where greater support is needed, such as the sides



MARINA LOPEZ, JOMA SPORT

and heel, which helps to ensure greater lightness and comfort. The midsole is super lightweight, in REACTIVE BALL, a material that recovers its shape without almost any deformation and that provides cushioning, durability and great lightness. It adapts to all running rhythms, since it absorbs impacts and provides an extra pulse with each step. The sole is made of very fine and high quality DURABILITY rubber, which thanks to the reduced abrasion guarantees a longer durability of the footwear. The Storm Viper Run Rome The Marathon also includes the STABILIS technology, a component that is injected into the heel, able to give stability to the foot at every step. The Joma Storm Viper will be available at the Joma stand at the Expo Village of Acea Run Rome The Marathon and in the days following the marathon through the e-commerce Joma. Starting from the 2021 edition, the Acea Run Rome The Marathon has become part of the most important running events sponsored by Joma in the world. Among the most important that see the presence of the Spanish brand as technical sponsor are the Movistar Medio Maratón in Madrid, the Ibiza Marathon, the 20 km of Paris, the Marathon of Porto, the Roma-Ostia Half Marathon, the 15K Nocturna in Valencia, the Benidorm Half Marathon and the Bilbao Marathon.



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TEN GOOD REASONS NOT TO RUN THE RRTM

1 You might experience an unbearable thrill when, a few moments after the start, looking up you would see the Colosseum on one side, the Altare della Patria on the other, and the Palatine Hill at your back. It is said that there are runners still stuck in Via dei Fori Imperiali, overwhelmed by too much beauty. Forget it, it is too risky.

2 The mild climate of Rome in March is something that cannot be described. Probably the best weather conditions for running a Marathon. Or a relay, of course. Or whatever you want. Then oh, it might rain. Yes, I know. The trouble is that Rome in the rain is almost even more beautiful and romantic than when the sun is out. There is no way out. In this city, whatever you do is wrong. Yes yes, better to give it a miss, too many favourable conditions.

3 Everyone is so damn happy. In Rome it is well known that "to wish each other well" is a faith rather than a lifestyle. The atmosphere in the village, for example, is really too positive. If you are one who loves sadness, you may get really down. Not to mention race day. We never understood why

you are all so happy and excited. Seriously. If you love sadness, there is no doubt: better not bother.

4 The food. What a mess. In Rome, you eat too well. A real problem because who doesn't like to indulge in a moment of gastronomic joy. What do I know? A piping hot carbonara, a quivering cheese and pepper. Grilled lamb. Maybe some artichokes. At the end of the race. Are you crazy? Forget it. Rome is too dangerous a city in this sense. It is also inexpensive from this point of view. Better to stay well away.

5 It is really easy to get there. By car, by train, by plane, there are really too many ways to get to Rome. Fans of inefficiency might not be able to digest this simplicity and might be seriously affected.

6 Too much art, too many monuments. That's enough! You spend the entire day on your phone taking pictures. That's no way to live. You can't rest your eyes. You don't know what to post. Then imagine during a marathon. Do you think it is easy to run along the Tiber, cross the Spanish Steps, parade

down Via del Corso? Remaining indifferent to so much beauty? It takes a certain strength of character. It is not for everyone, be warned.

7 Take advantage of the marathon for a weekend in the Capital (of the world). The idea is just too attractive and affordable. Our friends, husbands, fiancées could also benefit from it. Sharing our endeavour with them. Too much kindness? No, too much joy, in fact. Everyone stay at home!

8 The participants of the last edition, in September 2021, thought it was an incredible event: the organisation, the refreshments, the route. We must warn you: it will not be easy to get used to the idea of running a marathon in another city. Rome makes you raise your bar. And by a lot. It is the number one marathon in Italy. For its beauty, number one in the world by far. Runners be warned.

9 Suddenly, at km _ give or take, you are alongside the Vatican. Now, the grandeur of everything aside - it is not every day that you run, look up and melt into the

virtual embrace of the colonnade of St. Peter's Square in the Vatican - we believe it is the only marathon in the world that runs along the border of two States. Just saying. We haven't checked this, but we didn't know what else to write in point 9 of this very useful list. However, if you think about it... incredible. Ergo, just one State ok. But two...

10 If you have come this far, there are two possibilities. You have already registered for the marathon. If so, you are smiling. And we ourselves together with you guys. :) Second possibility: you are not yet registered for the RRTM 2022. OK, here is the link to do that. Obviously - see above - we strongly advise against it. A giant carbonara could chase you and tear you apart, right on the finish line.

For those who, despite everything, are already registered or will decide to do so, well, see you in Rome on 27 March. But please: don't tell anyone (brrr..)

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MARATONA AND ROME, A CENTURY-LONG HISTORY

From Dorando Pietri to Abebe Bikila, through the 1987 World Cup, the history of the Rome Marathon has great memorable moments. Italian successes, the Pope and a barefoot arrival

DORANDO PIETRI

The marathon in the Italian capital has a strong tradition. We could go back over a century to 2 April 1906, when the Emilian Dorando Pietri won the marathon, crossing the finishing line in Piazza di Siena.

ABEBE BIKILA

We could go back 60 years, to that magical night of the 1960 Olympics in Rome, when Ethiopian Abebe Bikila opened the season of African marathon runners, running the whole race barefoot. He became a legend, his stride along Appia Antica illuminated by torches is pure athletics history, as is the photo of him winning on arrival at the Arch of Constantine.



WORLD CHAMPION

More gold medals again, this time at the World Championships on 6 September 1987 with the success of Kenyan-Japanese Douglas Wakiihuri, a great icon of world running.

YESTERDAY AND TODAY

The marathon we all know today originated in 1995 with the Italia Marathon Club and in 2011 was awarded the prestigious IAAF Gold Label recognition. In 2019 the organisation was entrusted to FIDAL, and since 2020 there has been a new organising committee formed by Infront, Corriere dello Sport – Stadio, Italia Marathon Club and Atiella Roma.

Unfortunately, due to coronavirus, the edition of 29 March 2020 could not take place; with just weeks to go the start, it had to be halted for a global lockdown that stopped it being held. New energies and a new edition scheduled for Sunday 19 September 2021 already called Alba Edition Special Race, the marathon of recovery, of comeback, of a great international event in the Eternal City. Departure at dawn, with the sun's rays illuminating the monuments, a unique and un-

repeatable opportunity to experience an exciting page of history.

THE ITALIAN SUCCESSES

Recent editions have attracted over 115 participating countries, while in the men's roll of honour there have been 7 successes for Ethiopia, 13 for Kenya, and 3 for Italy with Stefano Baldini, Ruggero Pertile and Alberico Di Cecco.

For women we find victories flying the flag of Russia, Estonia, Kenya, Ethiopia and Algeria. There is also a significant Italian presence thanks

to the victories of Franca Fiacconi, Maura Viceconte, Maria Guida, Maria Cocchetti, Gloria Marconi and Ornella Ferrara.

RECORDS

The race record is held by Benjamin Kiptoo Kolum (Kenya) who reached the Imperial Forum in 2009 in 2:07:18, while the fastest woman ever was Kebede Megertu Alemu (Ethiopia) who clocked 2:22:52 in 2019.

WITH THE POPE

On the occasion of the Jubilee year, the New Year was held, on January 1, 2000, historical date. John Paul II in the square St. Peter gave his greeting to all the participants lined up at the start of the marathon.

BAREFOOT

Unforgettable the success in 2010 of Siraj Gena from Kenya whom crossed the finish line barefooted to honour Abebe Bikila. In 1960 Bikila was the first white African to win an Olympic Gold medal and ran the whole marathon barefooted, he had been given new shoes hours before the start, but he preferred to run barefooted. Half a century later Siraj Gena took his shoes off 500 meters from the finish line where one of the sons of Bikila was watching.

ALWAYS PRESENT, THESE ARE THE SENATORS OF ROME

The Senators! Yes, this is the name of the runners who have participated in all editions of the marathon in Rome. From the first to the last 19 September 2022. They trained all summer and at dawn they showed up at the start and above all they were finishers.

THIS IS THE LIST OF THE 22 SENATORS

ANZINI	DOMENICO	M	13/04/1939	ITA	ASD MAGIC RUNNERS TAGLIACOZZO
AVELLA	ALDO	M	25/04/1953	ITA	GRUPPO PODISTICO PRENESTE
BACCARI	FRANCO	M	25/06/1952	ITA	ATL. TUSCULUM
BERNARDO	PIETRO	M	11/02/1963	ITA	A.S.D. FREE RUNNERS
CASARINI	VANNI	M	07/09/1957	ITA	MODENA ATLETICA
CENNI	PAOLA	F	20/06/1947	ITA	G.S.D. LITAL
CIOCCHETTI	SILVANA	F	25/11/1949	ITA	ASTRA. ROMA
CORSI	GIANNI	M	28/07/1959	ITA	A.S. AMATORI VILLA PAMPHILI
CURZI	SANDRO	M	18/11/1954	ITA	A.S. AMATORI VILLA PAMPHILI
DESSI'	ROMANO	M	09/01/1954	ITA	PODISTICA SOLIDARIETA'
DI GIOIA	ANNUNZIO	M	30/08/1966	ITA	ATLETICA MOLISE AMATORI
INFUSI	CLAUDIO	M	28/10/1945	ITA	S.S. LAZIO ATLETICA
GAVAZZA	STEFANO	M	09/09/1966	ITA	G.S. CAT SPORT ROMA
LA MURA	ROBERTO	M	09/08/1948	ITA	G.P. PIOMBINO AVIS
LODOVICH	FRANCO	M	29/08/1948	ITA	ASD POL. CHIANCIANO
NUCCI	FELICE	M	12/12/1956	ITA	ATL.STUD. RIETI ANDREA MILARDI
NUCERA	GIUSEPPE	M	26/08/1960	ITA	RUN CARD
ORLANDI	ALBERTO	M	26/07/1943	ITA	G.S. CAT SPORT ROMA
PELLICCIA	VINCENZO	M	19/11/1951	ITA	A.S.D. MEDITERRANEA
SALVATI	ANGELO	M	29/04/1966	ITA	RUN CARD
SIPPELLI	GIOVANNI	M	26/02/1952	ITA	A.S.D. PODISTICA POMEZIA
TARTASI	FRANCESCO	M	02/11/1948	ITA	ASTRA. ROMA



GIOVANNI SIPPELLI

"I would like to run the Acea Run Rome The Marathon with the other Senators" Sunday, March 27 at the start for the 27 time at the Acea Run Rome The Marathon Senator Giovanni Sippelli. So much pride for his continuous attendance, his racing

life and love for the Rome marathon and his desire to create a bridge with the young, to continue this glorious tradition.

[READ MORE](#)



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ACEA RUN ROME THE MARATHON, A RUN THROUGH MILLENNIA



Over 30 monuments and historical cultural sites in the 42km of Acea Run Rome The Marathon. Only in Rome does the marathon lead runners to take a dip in a past that spans over 2,500 years.

Running the marathon is definitely one great emotion, run it in history and leave your own a sign it is even more so. There is no path in the world that can tell about a city like that of Rome, a journey into time to savor step by step. Acea Run Rome The Marathon is an opportunity to learn about the glories and misfortunes of an empire that changed the history of the world, one pleasant distraction that will help runners feel less effort and to multiply emotions. You pass in front of over 30 monuments and historical cultural sites, the only marathon in the world to boast such wealth. Not only will marathoners enjoy such a spectacle, but obviously also the participants of the Acea solidarity relay Run4Rome.

Zone cambio	Posizione	Km	Differenza
Partenza S0	Via dei Fori Imperiali	Km 0	Km 0
1 Cambio S1	Piazza Azeglio Ciampi	Km 13,000	Km 13,000
2 Cambio S2	Lungotevere Oberdan	Km 24,800	Km 11,800
3 Cambio S3	Via XVII Olimpiade	Km 32,000	Km 7,200
Arrivo S4	V. dei Fori Imperiali	Km 42,195	Km 10,195

The historian Dr. Isabella Calidonna tells us about Rome of art, she is also Fidal Technician, Coni physical trainer and founder of ArcheoRunning as well as Coach of Acea Run Rome the Marathon.

DEPARTURE / 3 KM Km 0 is in via dei Fori Imperiali, due to the presence of the Forum, a grandiose political-administrative, judicial and monumental center in Roman times teeming with

citizens. The area was urbanized in the Middle Ages, still today, at a depth of 10 meters, it tells the ancient history of Rome. Immediately, runners face the Altare della Patria, whose decorations symbolize strength, right, action, sacrifice, thought and harmony. On the left, however, the Insula Ara Coeli, located at the foot of the Aracoeli staircase on Via del Teatro di Marcello, a four-storey building remodeled with the construction of a church dedicated to Santa Rita. The attention is immediately captured by the Campidoglio, a building in which the most famous episodes of Roman history are concentrated, followed by the Teatro Marcello, the only ancient theater left in Rome, used as a model to build the Colosseum. All this can be observed from the start at the first kilometer where the temple of Portunus and the Temple of Hercules victorious, site of the first market in Rome, stand out. Through Via dei Cerchi you can admire the majesty of Circo Massimo, a place dedicated to chariot racing in Roman times, 600 meters long, 140 meters wide and a capacity of about 250,000 spectators, staggering numbers for another of the symbols of the city! You arrive at the third kilometer where you can observe the majestic Pyramid of Cestius, later incorporated into the Aurelian Walls, of which it became a bastion.

LUNGOTEVERI 4/15 KM It runs along roads that flank the river, the result of the post-unitary construction of the walls, built to defend the city from the countless and disastrous floods that had devastated the city in previous centuries. The Lungotevere Aventino will follow one another, where Remus and Romulus were collected by the waters of the Tiber River, the Lungotevere

de 'Cenci, located between the Tiber Island and the Campidoglio and the Lungotevere dei Tebaldi. This is one of the most beautiful embankments of Rome that combines ancient architecture and naturalistic charm, of the opposite Janiculum hill and the suggestion of the plane trees, in a sort of continuity between the modern Tiber and the Via Giulia.

KM 16 / HALF MARATHON At the 16th km you meet Via della Conciliazione, born from the "fascist pickaxe" and so named to commemorate the Lateran Pacts. On the right, in parallel for the whole route, there will be the "coridore", the Passetto di Borgo, built to connect the Apostolic Palace with Castel Sant'Angelo, an escape route for the popes under attack. Runners go towards the Colonnade and the Basilica of San Pietro, an adrenaline rush with its majestic beauty, then reach the half marathon at Ponte Cavour, built to allow the connection between Campo Marzio and Prati district.

KM 21/30 – Runner pass through the places that once belonged to the Olympic village, piazzale dell'Acqua Acetosa, Via de Campi Sportivi, Viale dell'Agonistica, where Abebe Bikila, at the foot of the Arch of Constantine, wrote a new chapter of the marathon...barefoot! From here we go to north Rome and the largest prayer center in Italy, the Mosque which can accommodate up to 12,000 faithful.

KM 30 / FINISH And here it is! Via del Corso! The most famous street of the city owes its name to the famous races, in the carnival period, with Berber horses, forced to run with pitch balls beating on their backs. Their race was, unfortunately, stopped by a sort of wall made up of a suspended cloth where very often the poor animals impacted and lost their lives. The street is part of the Roman Trident whose summit is Piazza del Popolo, char-

acterized by a magnificent obelisk and two twin churches that should have been perfectly symmetrical, but which in reality are not, but until the mid-nineteenth century it was a place of execution of hangings. We proceed towards Piazza di Spagna, immortalized in Roman Holidays which launched the myth of the Eternal City, one of the places to which the myth of Rome is most linked. Famous for its staircase made up of 136 steps, at the foot of which is the Barcaccia fountain. To the right of the staircase, however, the "Casina Rossa" which also hosted the poet John Keats. Through Piazza di Tor Sanguigna you will enter Piazza Navona, the "good" living room of the city, one of the most famous squares in Rome for its typically Baroque style, which has always been considered one of the most historically "cheerful" places in the capital. Originally it housed the stadium of Domitian which is located about 10 m below the current street level, the face of the square took shape only in the Middle Ages, around the 15th century, when a market began to be held which became historic. After several urban arrangements, Palazzo Pamphilj was built, now home to the Brazilian Embassy, then the Fountain of the Four Rivers and the Church of Sant'Agnese in Agone in Borromini.

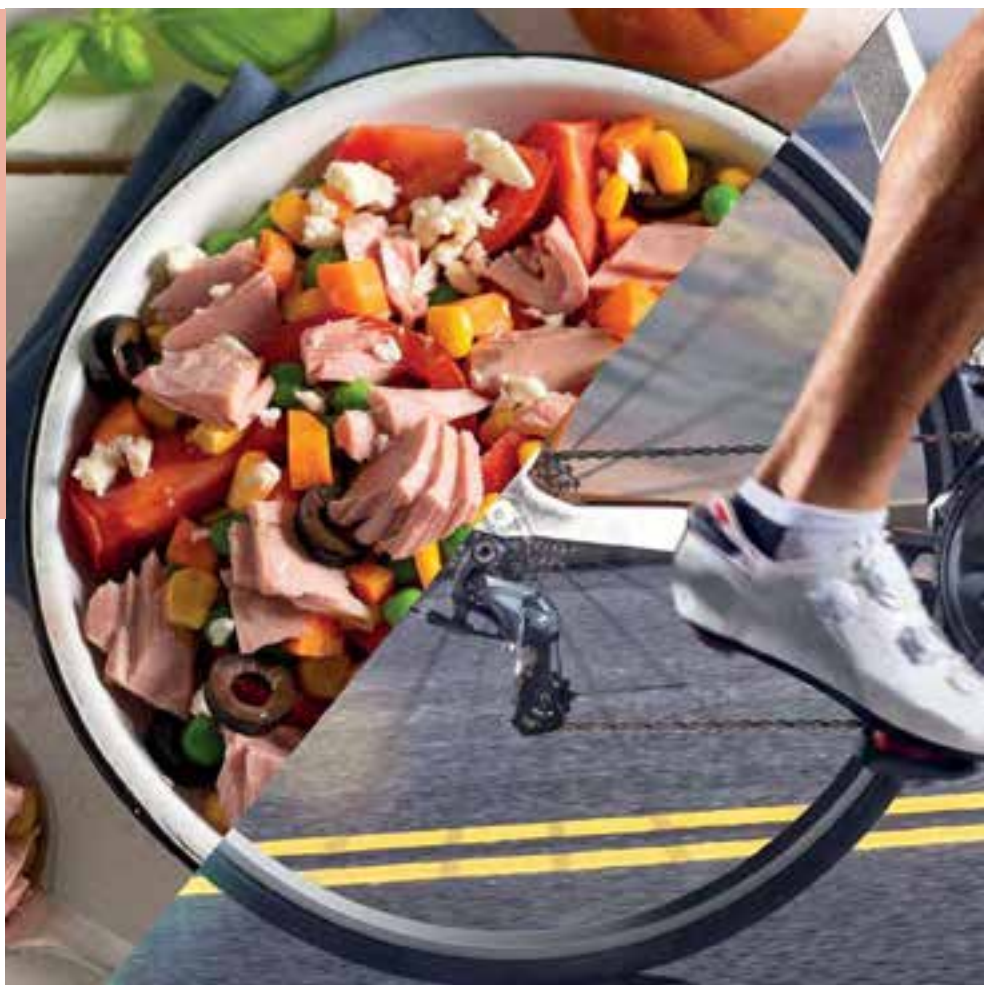
KM 42 Runners reach Largo di Torre Argentina, on the right the Sacred Area of Largo Argentina, also known for the colony of cats housed there and where the murder of Julius Caesar took place. Right in the center of the Roman Forum, there are the ruins of the Temple of Caesar, commissioned by Augustus. Runners pass Piazza Venezia and Via dei Fori Imperiali again to cross the finish line at the foot of the Colosseum, a symbol of Rome that has been observing for over two thousand years, witness to all the upheavals of the city, overcoming almost unscathed two thousand years of history and stories, years that you have traveled century after century in your stratospheric race!

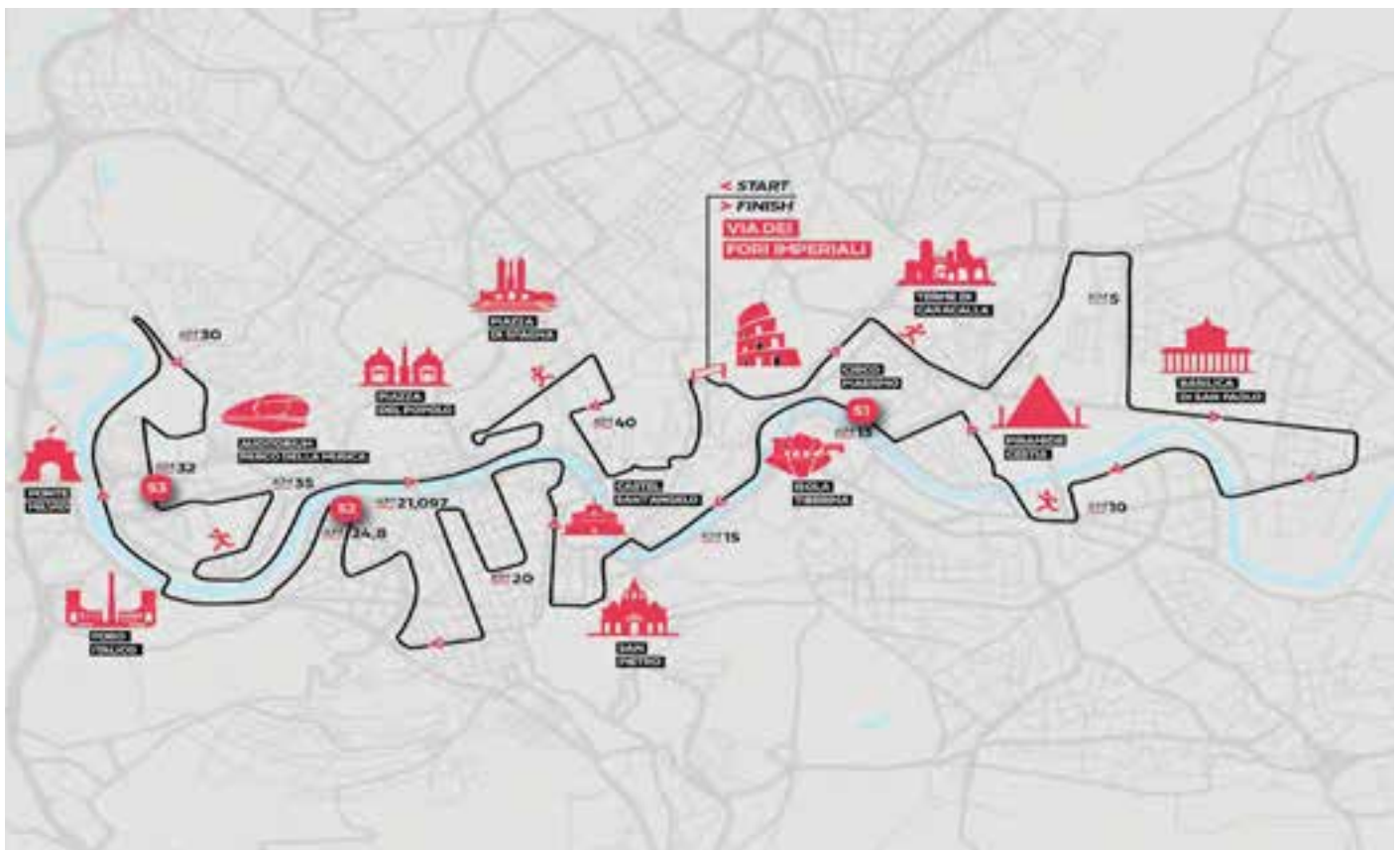


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INFO MARATHON

START OF 1ST MARATHON WAVE 8.30 AM

Covid-19: carefully read the official decisions adopted for the race (bib) number pick-up according to the participation in the race on www.runromethemarathon.com.

The night between 26th and 27th march the clocks will have to be pushed 1 hour forward because of the 2022 daylight savings time.

TRANSPARENT BAG FOR BAG DEPOSIT SERVICE For this service, you must use only and exclusively the transparent bag that was provided to you when collecting the race pack.

RACE (BIB) NUMBER - TIMING CHIP - TIMING CHECKS

Your starting area has been assigned to you based on the PB you declared at the time of registration (your number is assigned only based on the moment of your registration). The race (bib) number should be worn only by you and clearly visible on the front. Do not fold the race (bib) number and apply the pins correctly so as not to damage the timing chip ("Bibtag") applied on the back side.

This chip is disposable and will NOT be returned at the end of the race. The timing checks are located at km: 5 - 10 - 15 - half marathon (21.097) - 25 - 30 - 35 - 40.

Your "real time" will be calculated from the starting line to the finish line.

The results are on www.runromethemarathon.com.

The service is provided by Sdam srl timing and data processing service.

THE START OF THE MARATHON WAVES The starting line is in Via dei Fori Imperiali (near Via San Pietro in Carcere). The results will be based on the Gun Time for elite race numbers from 1 to 50 men and from F1 to F30 women and for the top ten at the finish line, both men and women. For all other athletes it will be compiled on the basis of Real Time which will also apply to the category and club results.

The start times of the waves will be organized as follows:

- 8.30 am 1st marathon wave start: TOP start area + A start area
- 8.35 am 2nd marathon wave start: B start area + C start area
- 8.42 am 3rd marathon wave start: D start area
- 8.50 am: start of wheelchairs
- 8.55 am: start of the first relay leg
- 9.15 am: start of Stracittadina Fun Race 5 km

The stopwatches will be placed on the start/finish structures, at the half marathon and at km 30.

REFRESHMENT AND SPONGE STATIONS 16 refreshment stations along the route: km: 5 - 7.3 - 10 - 12.7 - 15 - 17.7 - 20 - 21.1 - 22.2 - 25 - 27.7 - 30 - 32.2 - 35 - 37.3 - 40 and arrival 42.195 km.

Water will be present at all refreshment points.

Mineral salts at km 5 - 10 - 15 - 20 - 25 - 30 - 35 - 40.

Solid foods at km 15 - 20 - 25 - 30 - 35 - 40. And the final refreshment (km 42.195) with a pack containing water, mineral salts, solid foods.

SPONGE STATIONS 12 sponge stations along the route:

- km: 7.5 - 12.5 - 17.5 - 21.3 - 22.4 - 25.3 - 27.5 - 30.5 - 32.4 - 35.2 - 37.5 - 40.2.

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SENTI IL RITORNO DI ENERGIA AD OGNI PASSO

È ora disponibile la nuova calzatura running R-4000 REACTIVE, che garantisce un ritorno di energia dell'82% ad ogni passo. Non lo dice Joma, lo dice la scienza*.

Scopri tutte le caratteristiche e tutte le opinioni dei nostri atleti che le hanno già provate e hanno potuto sperimentare il ritorno di energia della nuova R-4000 REACTIVE.

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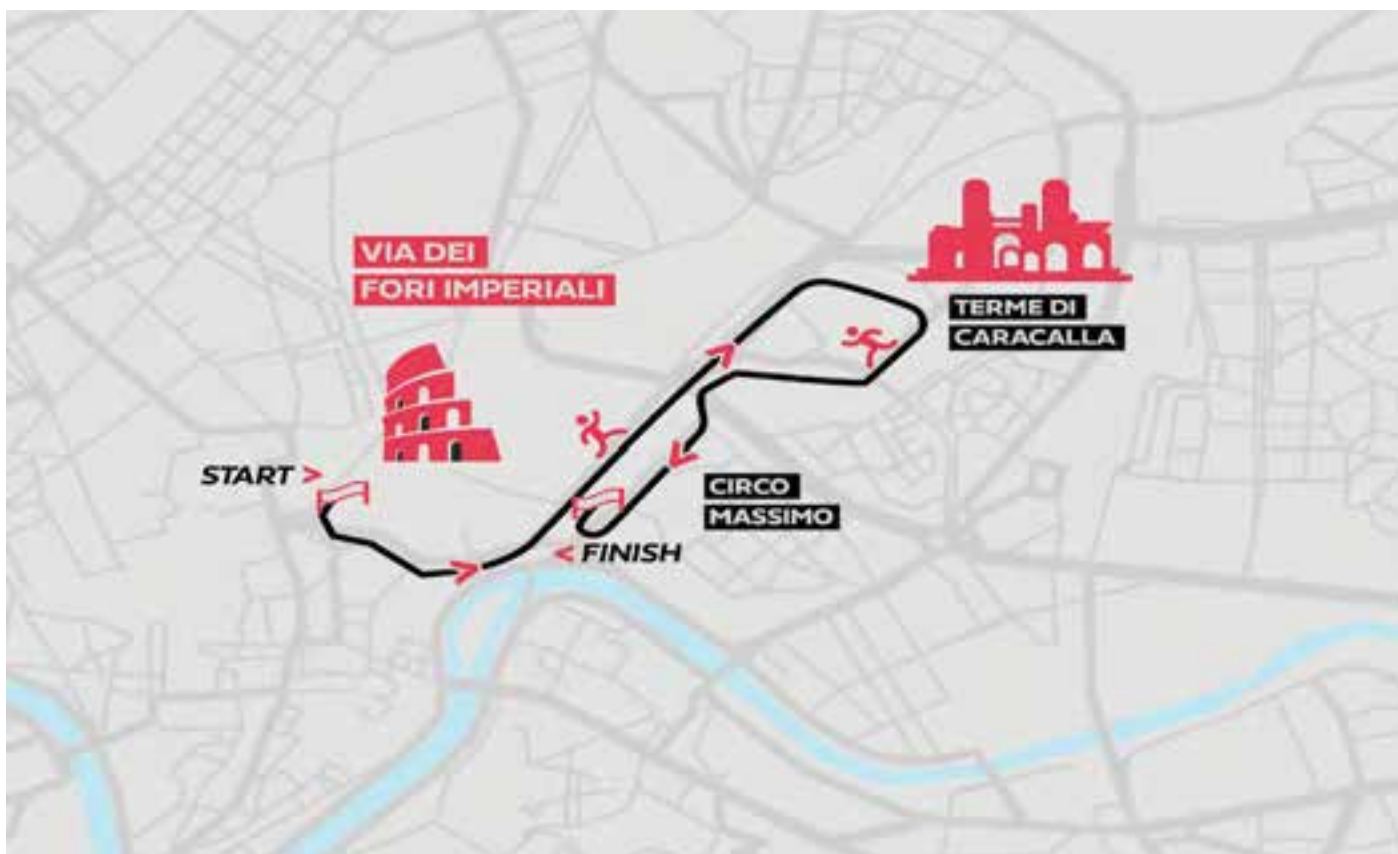
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*Risultato certificato da I-ESGOP grazie ai test di resilienza effettuati sull'interuola della R-4000 REACTIVE.



INFO FUN RACE

DOMENICA 27 MARZO 2022

MEETING POINT

From 7:30 am in Via Cavour/Largo Corrado Ricci (How to get there: Metro B Cavour Station. Colosseum Station will be closed).

DEPARTURE

Via dei Fori Imperiali at 9.15 am. Route: 5 km

ARRIVAL

Circus Maximus, the night between March 26 and 27 Daylight saving time starts: move one hour forward the clock hands. Access in the departure area will be body temperature and must be complied with the Covid-19 provisions.

CISALFA SPORT AND ODVTRACK TO PROMOTE THE RECYCLING OF THE SNEAKERS

Sponsored by Cisalfa Sport e Retake Roma OdV con Acea Run Rome The Marathon, the campaign aims to make a mini running track (30mt) for 2023 marathon in Rome.

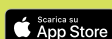
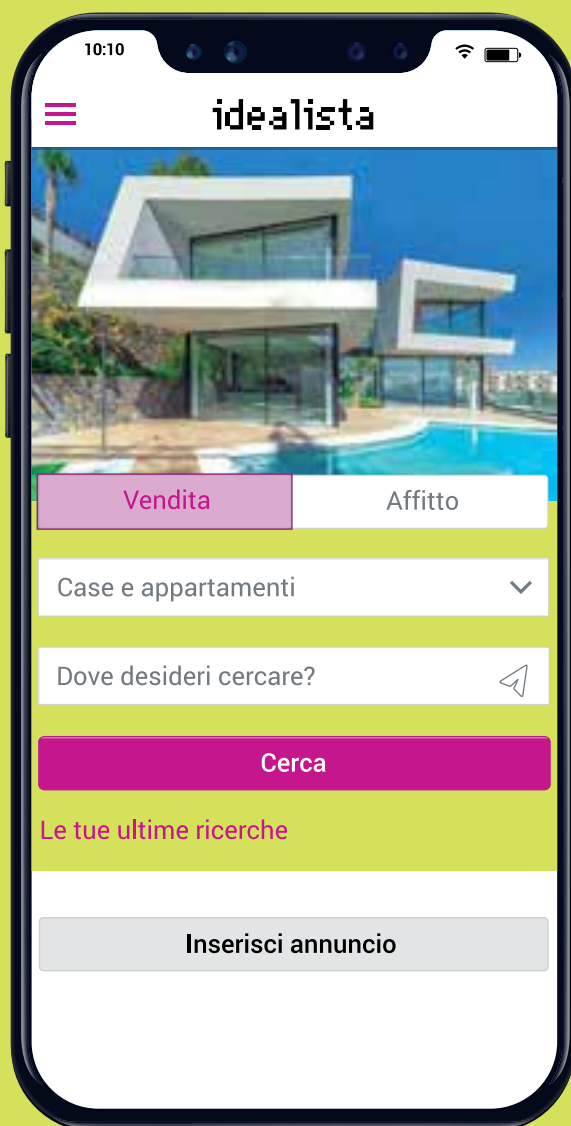
BRING YOUR OLD TRAINER TO CISALFA SPORT

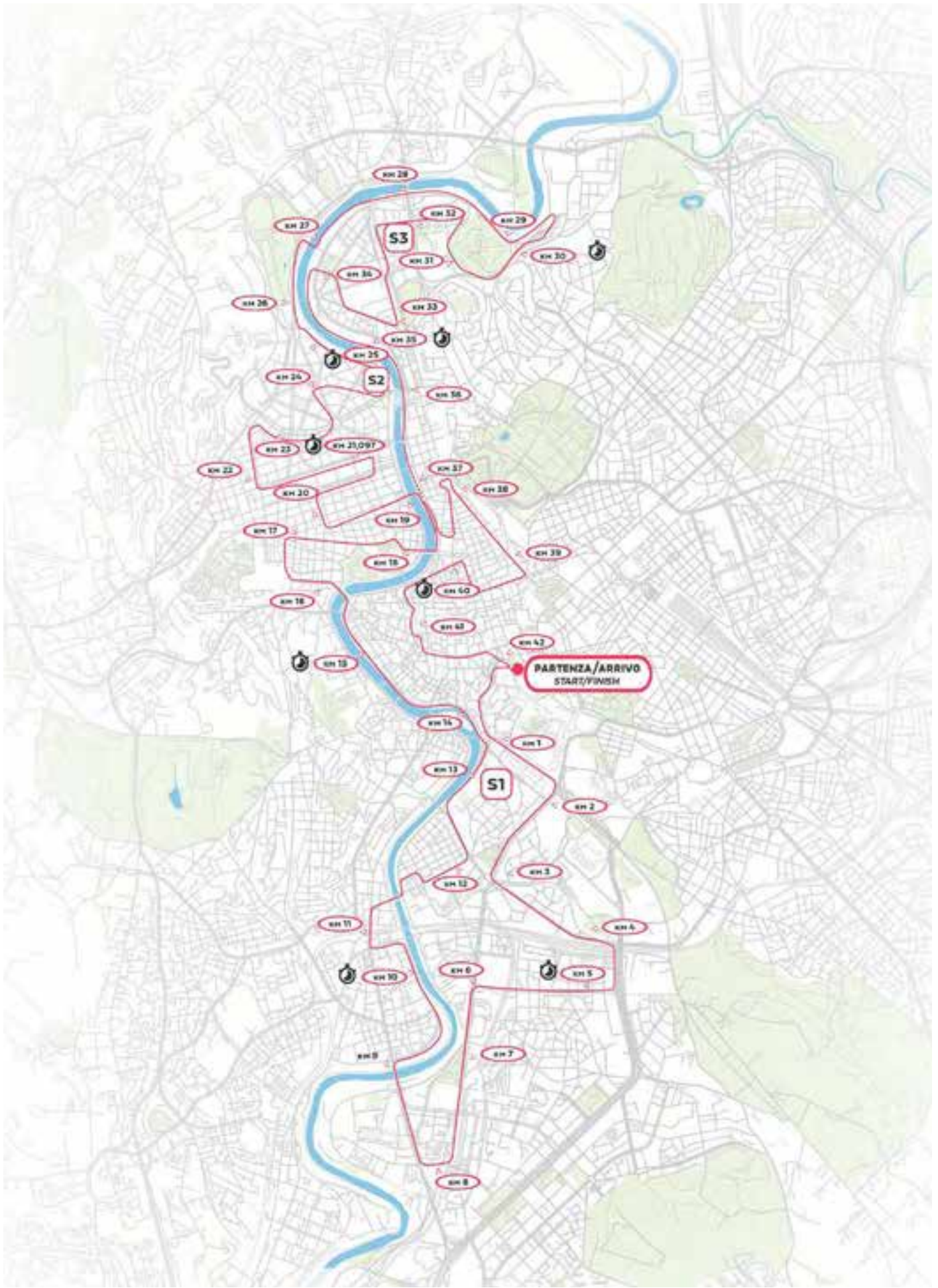
AND CONTRIBUTE TO THE REALIZATION OF THE RUNNING TRACK



idealista

l'app dove tutti trovano casa





HOW TO REACH THE EVENT



During the Acea Run Rome The Marathon it will be used the new digital platform FlexyMob that aggregates more mobility services that allow the user to book their trips, even in real time, with a few clicks and saving time.

One platform, one transport system for the community. In addition, FlexyMob represents a sustainable innovation of mobility: thanks to the organization and optimization of transport, you will achieve a reduction in traffic and the negative impact related to traffic, reducing CO2 emissions.

FlexyMob is a project of BusForFun, reference partner in the transport market for mobility management during major events. Organize the ideal transport service to arrive alone or in a group at the start of the Acea Run Rome The Marathon!

AUGMENTED REALITY WITH VIZUAL



Experience the Rome Marathon in augmented reality with Vizual! By downloading the Vizual application and framing the logo of the Run Rome The Marathon, you can view the exclusive contents of the event, living a unique experience in augmented reality.

DOWNLOADS AVAILABLE HERE » [App Store](#) [Google Play](#)

DOWNLOAD THE WAIDY WOW APP



Find out more, click on the image 42,195km across Rome, a dream come true. In your workouts or in the race you can hydrate in an eco-sustainable way even in the fountains along the way. How to find them?

WaidyWow is the water and environment friendly app, a new tool for the enhancement of water resources and the beauty of our territories, which through the mapping of over 50,000 water points, promotes responsible water consumption with a view to sustainable development and contributes to the reduction of disposable plastic. Among the features, WaidyWow helps to monitor the water requirement, amplified during sports and to find the nearest fountain. The app also allows you to create walking, cycling or running routes and to select thematic itineraries recommended for training and for the discovery of the artistic and cultural heritage of cities, such as, for example, the fountains of the capital.

The application is available for both the Android and iOS system.

PHOTO PACK

SPORTOGRAF.COM



Sportograf is the official photographic partner of Acea Run Rome The Marathon and will be close to you throughout your race, from start to finish! Your ups and downs such as smiles and difficult moments will be immortalized in several memorable shots.

At the end of the event, these multimedia contents will be professionally processed and put online as quickly as possible, sorted by bib number.

Take advantage of the promotional price only in pre-sales at € 24,99.

MALE WINNERS

EDITION	YEAR	WINNER	NATIONALITY	TIME
1	1995	Belayneh Tadesse	Etiopia	2h 10' 13"
2	1996	Moges Taye	Etiopia	2h 12' 03"
3	1997	Dube Jillo	Etiopia	2h 13' 08"
4	1998	Stefano Baldini	Italia	2h 09' 33"
5	1999	Philip Tanui	Kenya	2h 09' 56"
6	2000	Philip Tanui	Kenya	2h 08' 27"
7	2001	Henry Cherono	Kenya	2h 11' 27"
8	2002	Vincent Kipsos	Kenya	2h 09' 30"
9	2003	Frederick Cherono	Kenya	2h 08' 47"
10	2004	Ruggero Pertile	Italia	2h 10' 12"
11	2005	Alberico Di Cecco	Italia	2h 08' 02"
12	2006	David Kipkorir	Kenya	2h 08' 38"
13	2007	Elias Chelimo Kemboi	Kenya	2h 09' 36"
14	2008	Yego Jonathan Kiptoo	Kenya	2h 09' 57"
15	2009	Benjamin Kiptoo Kolum	Kenya	2h 07' 18"
16	2010	Siraj Gena	Etiopia	2h 08' 39"
17	2011	Chumba Dixon Kiptolo	Kenya	2h 08' 45"
18	2012	Luka Lokobe Kanda	Kenya	2h 08' 04"
19	2013	Getachew Terfa Negari	Etiopia	2h 07' 56"
20	2014	Legese Shume Hailu	Etiopia	2h 09' 47"
21	2015	Abebe Negewo Degefa	Etiopia	2h 12' 23"
22	2016	Amos Kipruto	Kenya	2h 08' 12"
23	2017	Shura Kitata Tola	Etiopia	2h 07' 30"
24	2018	Cosmas Jairus Kipchoge Birech	Kenya	2h 08' 05"
25	2019	Heyi Tebalu Zawude	Etiopia	2h 08' 37"
26	2020	Non disputata causa Covid19		
26	2021	Clement Langat Kiprono	Kenya	2h 08' 23"

In rosso il record attuale.



FEMALE WINNERS

EDITION	YEAR	WINNER	NATIONALITY	TIME
1	1995	Elena Sipatova	Russia	2h 37' 46"
2	1996	Fatuma Roba	Etiopia	2h 29' 05"
3	1997	Jane Salumae	Estonia	2h 31' 41"
4	1998	Franca Fiacconi	Italia	2h 28' 12"
5	1999	Maura Viceconte	Italia	2h 29' 36"
6	2000	Tegla Loroupe	Kenya	2h 32' 03"
7	2001	Maria Guida	Italia	2h 30' 42"
8	2002	Maria Cocchetti	Italia	2h 33' 06"
9	2003	Gloria Marconi	Italia	2h 29' 35"
10	2004	Ornella Ferrara	Italia	2h 27' 49"
11	2005	Silviya Skvortsova	Russia	2h 28' 01"
12	2006	Tetyana Hladyr	Ucraina	2h 25' 44"
13	2007	Souad Ait Salem	Algeria	2h 25' 08"
14	2008	Galina Bogomolova	Russia	2h 22' 53"
15	2009	Firehiwot Dado	Etiopia	2h 27' 09"
16	2010	Firehiwot Dado	Etiopia	2h 25' 28"
17	2011	Firehiwot Dado	Etiopia	2h 24' 13"
18	2012	Hellen Kimutai	Kenya	2h 31' 11"
19	2013	Helena Kirop	Kenya	2h 24' 40"
20	2014	Geda Ayelu Lemma	Etiopia	2h 34' 49"
21	2015	Meseret Kitata Towalk	Etiopia	2h 30' 25"
22	2016	Tusa Rahma	Etiopia	2h 28' 49"
23	2017	Tusa Rahma	Etiopia	2h 27' 23"
24	2018	Tusa Rahma	Etiopia	2h 23' 46"
25	2019	Kebede Megertu Alemu	Etiopia	2h 22' 52"
26	2020	Non disputata causa Covid19		
26	2021	Peris Lagat Jerono	Kenya	2h 29' 29"

In rosso il record attuale.



UN ISTANTE DI PIACERE CHE SA DI ETERNITÀ

Vieni a degustare le miscele
Gima Caffè il **25 e il 26 marzo**
all'**Expo Village della**
Run Rome The Marathon 2022,
dalle ore 9 alle ore 20,
presso il
"Salone delle Fontane" in
Via Ciro il Grande 10.



WITH CIRCULARITY FOR EMISSION REDUCTION

The Organization with partner Circularity has drawn up the ARRTM Sustainability Strategy 2023 that identifies the main challenges for the Acea Run Rome The Marathon in 5 areas of action, to actively contribute to the United Nations Sustainable Development Goals.

Acea Run Rome The Marathon, through the direct involvement of partners and sponsors, is organizing its sustainability activities in the following areas of strategic action for responsible management, the circular economy, the measurement and reporting of environmental impacts, inclusiveness and accessibility, and finally governance and transparency. The Organization intends to enhance its initiatives related to sustainability by encouraging every possible action in the short, medium and long term to reduce environ-



VADEMECUM

TUTTI POSSIAMO "FARE LA DIFFERENZA" CON IL NOSTRO COMPORTAMENTO. OVUNQUE SIAMO, PRATICHIAMO LA SOSTENIBILITÀ! ECCO ALCUNI SEMPLICI PRINCIPI DI CONDOTTA VIRTUOSA:

- 1. Corri e raggiungi le famose 4R della sostenibilità ambientale per produrre meno rifiuti: RIDUCI - RECUPERA - RIUTILIZZA - RICICLA**
- 2. Assicurati di differenziare correttamente i rifiuti** secondo le regole del tuo comune. Fai attenzione all'olio delle scatolette o delle fritture che deve essere raccolto e smaltito correttamente!
- 3. Mangia a km 0 e stagionale.** Scegliendo il chilometro zero, infatti, si riduce notevolmente l'inquinamento atmosferico e gli sprechi, favorendo quindi l'ecosostenibilità.
- 4. Non sprecare il cibo.** Cucinare in modo consapevole e conservare correttamente i cibi ne prolunga la vita e contribuisce alla lotta contro lo spreco alimentare promossa dalle Nazioni Unite.
- 5. Cerca di risparmiare energia,** sia in termini di beni di consumo che di scelte domestiche. Prediligi ad esempio energia da fonti rinnovabili.
- 6. Preferisci se possibile gli spostamenti green,** utilizzando la bicicletta, andando a piedi o scegliendo mezzi pubblici.
- 7. Evita lo spreco d'acqua e soprattutto non inquinarla,** è un bene prezioso che va sempre tutelato!
- 8. Riduci l'utilizzo della plastica monouso,** ad esempio usando una borraccia. Se proprio non ci riesci, scegli plastica riciclata e riciclabile.
- 9. Sii un consumatore consapevole:** quando scegli un prodotto o un servizio prediligi aziende certificate sostenibili e che, quindi, rispettano l'ambiente.
- 10. Mettiti in gioco e aiuta gli altri a comprendere quanto sia fondamentale tutelare il Pianeta,** garantendo alle generazioni future un mondo sano e prospero!



mental impacts and at the same time enhancing the social and economic impact generated by the event.

Acea Run Rome The Marathon has partnered with zeroCO2 that provides for the creation of a real forest through the adoption of trees. Acea Run Rome The Marathon is committed to planting 3,000 trees in Guatemala and a partnership with Banco Alimentare Roma ODV to recover 23 tons of food after the marathon.

Also started the collaboration with Retake Rome, spontaneous movement of citizens to recover, safeguard and regenerate the beauty, liveability and sustainability of cities. As happened

on Saturday, March 12 on the occasion of the Get Ready and still during the marathon you will plogging, or you will collect garbage during the race. The plogging ,practicable both in individual and collective form, is close to the new concept of eco-sustainability, the practice has therefore become competitive worldwide.

Again with Plastic Free Onlus, founded in 2019 with the aim of raising awareness of the environmental problem related to plastic, in particular the single-use one and the danger resulting from its dispersion in nature. For the Rome Marathon will be present at different points of the path to recover the bottles that the runners will use to hydrate and throw on the ground during the race. All waste becomes a resource.



“
”

Tutti i nostri salumi sono prodotti secondo l'antica tradizione calabrese e stagionati tra le montagne della Sila.



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WITH ZERO CO₂ THE PLANTING OF 3 THOUSAND TREES

The Acea Run Rome The Marathon is committed to planting 3000 trees in Guatemala to reduce CO₂ emissions and support the local economy. Even marathon runners can buy one or more trees.



Acea Run Rome The Marathon, is an increasingly social event. Among the issues to the attention of organizers and participants there is that of the climate crisis, mainly generated by human actions. Among the opportunities to reverse the course there is the reforestation program implemented by zeroCO₂ and of which Acea Run Rome The Marathon is a partner.

THE FOREST RUN ROME THE MARATHON As the marathon runner reaches the finish line after taking thousands of steps,

so the goal of reversing the course of climate change requires commitment and many small steps. For this reason, Acea Run Rome The Marathon has partnered with zeroCO₂ to create a real forest through the adoption of trees.

Acea Run Rome The Marathon is committed to planting 3,000 trees in Guatemala, in the Pèten region, with the dual purpose of absorbing CO₂ emissions and supporting the economy and nutrition of local peasant families.

Today the invitation is addressed to every marathon runner:

"Contribute to the creation of the Forest Rome Run The Marathon in Guatemala! With your donation you are contributing to the absorption of CO2 emissions and to the economic and food support of the rural communities benefiting from the project. A double impact: for the planet, for people. Enter the ecosystem and run with us for a more sustainable future." Each marathon runner will be able to participate in the registration by donating their contribution that will be used to plant more trees of the 'Foresta Rome Run The Marathon'.



WHO IS ZERO CO2 The company zeroCO2 is engaged in reforestation, afforestation and planting

of trees in urban and extra-urban areas in different places of the world, with the aim of safeguarding nature. The wide-ranging project has a high social impact because it puts at the centre of the needs of the populations a sustainable agriculture able to reproduce natural eco-

systems that contributes to food security and economic support of the premises. In its first two years of activity, zeroCO2 has already planted 400 thousand trees in Guatemala, Peru, Argentina, Portugal, Africa and Italy.

The practical work of planting is accompanied by educational work carried out in collaboration with local Universities, which guarantees the training of the partner communities with courses on organic agriculture and sustainable land management. Infact, zeroCO2 promotes a regenerative agroforestry reforestation system based on the alternation of fruit trees, forest trees and

annual crops such as corn and beans, even in small lands. Thanks to this system a virtuous mechanism is set in motion, inspired by the techniques of agro-ecology, in which people return to the center of production systems, in harmony with the environment they inhabit.



RIFORESTAZIONE
AD ALTO
IMPATTO SOCIALE

zeroco2.eco

NO WASTE AT RUN ROME THE MARATHON

With Banco Alimentare Roma ODV (Food Bank) recovered 23 tons of food after the marathon

The success of the newborn association of Run Rome The Marathon and Banco Alimentare Roma ODV during the edition of 19 September led to recover 23 tons of food for about 11,500 indigents. The union is the first step towards a structured project for the reduction of food waste.

ROME Reduction of waste, revaluation of resources, this is one of the great issues related to large-scale events. For the first time in the history of Rome Capital, and probably the entire nation, a sporting event of this magnitude has greatly reduced food waste thanks to the extraordinary, timely and efficient collaboration of the Banco Alimentare Roma ODV Association. The collaboration is part of a wider and wider project about the sustainability of the entire event Run Rome The Marathon, thanks to the collaboration with the Sustainability Partner Circularity, innovative start-up and benefit company operating in the circular economy.

NOTHING WASTED Despite the careful planning by the organizers, it is highly unlikely that during a sporting event, that counts thousands of people like Run Rome The Marathon, there are no advanced food products. This is because, of course, the organizers anticipate a greater consumption of products than what really happens, to give the best possible assistance along the way, knowing that athletes are increasingly attentive to the issue of food waste. At the end of the event, the volunteers of Banco Alimentare Roma, together with the staff and volunteers of the marathon, immediately reached the 18 refreshment points set up along the route to recover surplus food for the most needy. About 23 tons of food have been collected distributed to 22 charitable structures that with their canteen services, parcel distribution and road units assist over 11,500 indigents.

A work whose industriousness can be appreciated better if thought in terms of the large numbers of which it is made: 1300 single-portion bags containing a fruit, 2 bottles of water, a sachet of supplements, a sachet of dried fruit and a tart. In total, 945kg of apples, 90kg of bananas, 1000 sandwiches, 12,800 1.5-litre water bottles, 840 bottles of water of 0.5 litres were recovered for a total of about 20 thousand litres of water. To these, are also added 3 thousand T-shirts made redundant and delivered to different structures that have provided distribution to the needy.

A work that required extraordinary timing, taken in the minutes immediately after the closing of the competition on Sunday, September 19 in the morning, to prevent food could spoil and damage the entire load and mission.

In particular, with the Franciscan Missionary Sisters of

Mary, better known as The Sisters of the Canteen of Milan, a fruitful relationship was established and over 2000 official t-shirts and 3000 marathon bags donated to the most needy were delivered in October. The Sisters of the Canteen have been working for over 50 years in the Città Studi area in Milan and, thanks to the support and daily help of volunteers and benefactors, has always been at the service of the poor and needy people living in the city. Canteen, showers, wardrobe, Italian school and the listening center, these are the main activities. Run Rome The Marathon is proud to have activated similar collaborations





THE TEAM OF THE FUTURE Any journey, however long, begins with a single step. The last edition of Run Rome The Marathon has left its first mark and, even if the road is still long, the partnership born between Banco Alimentare Roma ODV and the running event, promises to be a virtuous tool to be closer to those who need it most. From now on all runners participating in the 27th edition of the Run Rome The Marathon scheduled on Sunday, March 27, 2022, are called to team up with the organizers and Banco Alimentare Roma ODV to avoid food waste as much as possible and in any case they can run with serenity and the guarantee that everything left over will be donated to those who need it.

BANCO ALIMENTARE ROMA Founded in 1990 by a group of volunteers eager to engage in activities to support people in difficulty, and inspired by the Food Bank of the USA, Associazione Banco Alimentare Roma ODV collects food products that are no longer marketable (short term, damaged or incorrect packaging, surplus stock, etc.) but are still edible.

The aim is to provide these products free of charge to organizations and institutions that deal with people in need or in difficulty in the city of Rome and in the Lazio region

The aim is to provide these products free of charge to organizations and institutions that deal with people in need or in difficulty in the city of Rome and in the Lazio region. The entire activity is based on the work of about thirty volunteers and two employees coordinated by a Board of Directors composed of 7 members. The Association is registered in the Register of Bodies recognized by Agea (Agency for Disbursements in Agriculture), from which, pursuant to EU Regulation 223/2014, receives food that redistributes to a network of about 300 Territorial Charitable Structures, they refer to about 100,000 people in need. In addition to operating activities, the Bank participates in the Permanent Coordination Tables for assistance to the most deprived (Mipaaf - MLPS).

On 13 November 2021, Banco Alimentare Roma ODV received the Prize for Volunteering from the Senate of the Republic, a valuable recognition that testifies to the reliability of this Association and the commitment against waste and hunger of this Association.

GET READY, WHAT A PARTY THE WORKOUTS

Let the whole of Rome run, focus the goal, train with the goal in mind, live a Saturday morning with adrenaline, smiles and hugs of friends.

Rome is ready and hundreds of runners committed to the marathon and for the relay race have trained, in recent months, in the Get Ready, collective training of free participation of the Acea Run Rome The Marathon. A space completely dedicated to the runner that has always been the center of everything. The athlete, the person, the participant, the friend. The one who puts his head, heart and legs to arrive prepared and happy at the Acea Run Rome The Marathon.

Three events were scheduled, Saturday, December 4, Saturday, February 12 and Saturday, March 12, all with early meeting in the morning in Ponte Milvio at the orders of the coach, former athlete and Olympic athlete, Andrea Giocondi. A few minutes of theory and then a lot of racing with the official Pacers, to get ready for this highly anticipated Sunday, March 27.

The 'Get Ready' are free training available to novices or marathon experts, fast or slow, everyone could participate





in this workout that is also a party with music and dj Radio Globo and distribution of gadgets

Overall, in two years of activity, 12 Get Ready events have been organized in many areas of Rome and its province, reaching over 500 participants in a single day. The runners often have been able to run together, with the ultramarathon three times 100km world champion Giorgio Calcaterra, as well as present was the Italian champion, winner in 1998 of the Rome and New York marathons, Franca Fiacconi.

**Il sole
anche quando
non c'è.**

Perché ogni giorno è nella bontà della nostra frutta.

ANNALISA MINETTI

PACER OF 4 HOURS: LIFE IS A RIGHT OF ALL

**The Paralympic athlete:
“An applause for the courage
of the organizers. Thanks
to the marathon, Rome can take
to the field and show its courage,
keep hoping that life can be a right
of all. I will be the eyes that will
bring to the finish line the wave
of the 4 hours”**

Among the 130 pacers ‘angels of the time’ of this Acea Run Rome The Marathon 2022, stands out the name of Annalisa Minetti. Model with significant and historical participation in Miss Italy in 1997, winning singer-songwriter in Sanremo 1998, television presenter, actress, show girl and mother. But it doesn't end like this, among the many things of Annalisa, the voice deserves a wide chapter in her life: paralympic athlete. As a visually impaired, her bronze medal in the 1500m will remain forever in the history of Italian sport with a world record (category blind) at the Paralympics in London 2012 with 447" along with the guide Andrea Giocondi, italian Olympic and today successful coach and technical manager of the Acea Run Rome The Marathon.

PACER 4 HOURS Annalisa has already participated in the Rome marathon in 2017 scoring a more than valid 3 hours 42' and so, six months ago, when we saw her beaming and energetic arrival on the Fori Imperiali on 19 September at the end of the 4 fraction of the Acea solidarity relay Run-4Rome that undertook, she told us: “A unique memory in my heart that 2017 edition. I love the marathon, the challenge to the kilometers, I will definitely make several in the future”. So here we are, with a mileage quadrupled compared to the 10km of the relay race, with a great responsibility. Annalisa will be the official 4-hour pacer. We will see her with colored balloons on her shoulders, she will be a safe guide for those who want to break down the 4-hour wall, a double challenge if we think that she is blind. In turn she will be led by Davide and Massimiliano De Luca.”

RIGHT TO LIFE For years she has competed for the Blue Flames and is trained by Stefano Ciallella and assisted by Francesco Calabrò, We applauded on March 10 at the press conference of the Acea Run Rome The Marathon in Campidoglio together with the Institutions, journalists, sponsor of



the Capitoline event. Her speech was touching and important: “The applause goes to the Acea Run Rome The Marathon that had the courage to make me pacer of the 4 hours, the most nourished wave, the real race of the people, the one that represents the marathon. Thanks to the marathon, Rome can take to the field and show its courage, keep hoping that life can be a right of all”.



LIFE AN 'OPPORTUNITY' Again in her speech with open microphones: "Before we talked about disability, a term that is so fashionable and that almost makes you think that disabled people are crazy cool, in truth they are people who, like all athletes, have the ability to train to live every day. They train strength, power, ability and the awareness that life is an opportunity especially through discomfort and fatigue, the only means to get to the winning finish line. Only if we like the effort can we get to the finish line. I thank Andrea Giocondi who had the courage to transform my Miss legs into athlete legs bringing me to the winning Olympics and making me love this sport, I also thank Stefano Cialella and today more than ever Pierluigi Lops, he's the one who thought I could pacer. I thank the great family of Rome Marathon, today David and Massimiliano De Luca will take me to share this path whom I thank and who will be my guides".

SKILL' AND PEACE How will Annalisa be in the race in those 4 hours? "I will do what I do in life, on stage, as a mother, as a teacher I guide people to a goal and I do it respecting their method. That's why disability is not the right word, we are not people without abilities but with different abilities. I'll be the eyes that lead to the 4-hour wave and, if you don't mind the joke, the person they'll blindly trust. It will be a lucky wave because luck is blind.

The marathon will be for everyone an experience of life, an opportunity to bring your story to the finish line, a concert of emotions that arises from the daily overcoming of our limits, when we train. Welcome to the world of Acea Run Rome The Marathon, the marathon of Rome and we will also run for peace, so that the Ukrainian people can regain their dignity, may sport become an inclusive means of stopping wars".

Ottieni 10€ in regalo.

Codice: **RUNROME10**

Solo per nuovi utenti. Valido 30/09.

cooltra 



ACEA RUN ROME THE MARATHON **WITH ON TOUR** RUNS THROUGHOUT ITALY

Rome and not only Rome. As announced at the end of 2021 Acea Run Rome The Marathon has run all over Italy, giving a shock to many runners of many cities, awakening in them the beauty of the race, having a goal, being able to do something concrete, live strong emotions.

Managed with the collaboration of the marathon runner Federica Romano was born Acea Run Rome The Marathon On Tour, the series of meetings and workouts were assisted by local trainers. In all were provided different rhythms of race, from the slowest to the fastest and with different distances, making the Tour accessible even to the less trained and who maybe wanted to prepare only the single fraction of the relay Run4Rome.

On stage were the trainings managed in Barletta by Mariella Dileo and Angela Gargano, two experienced runners who together totaled 1160 marathons disputed. Then again training and many kilometers on New Year's Eve in Ostia in the company of ultramarathoners Eleonora Corradini and Andrea Pellegrino, at Villa Pamphili on 6 January conducted by Nicola Pangia and Alessandro Amici and always in Rome at the Aqueduct Park led by Liliana Farronato and Barbara Moi.

Then in February in Schiranna, on Lake Varese together with Emanuele Saiu, the park of the Cascine of Florence to do kilometers together with Marco Mannucci and Marco Bonamigo. Saturday, February 19 the appointment was at the Park of Monza thanks to the shop Affari&Sport with the owner Michele Cecotti and the official pacer Rocco Cilla in the immense and renowned Park of Monza

Bari (2 times), in the Apulian capital thanks to coach Ignazio Antonacci of RunningZen and Giovanni Gelsomino and then Rome meeting at the Sports Center Maximo Sport & Fitness via Casal Boccone 283 with Tony Eusebi and Luca Lanzetti. Finally training at the Marina Piccola in Cagliari always with the pacer Emanuele Saiu.

Running the marathon in Rome: 'già al traguardo' My First Run

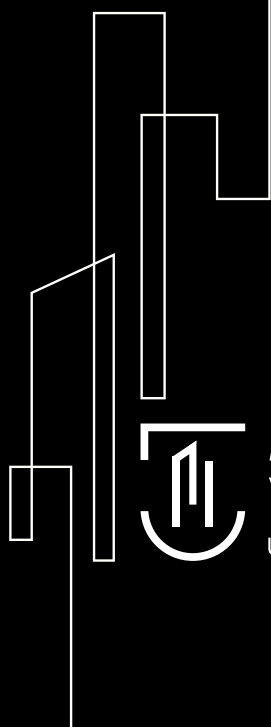
Long months of preparation, miles and miles of asphalt under the soles, the alarm clock at dawn, sweat, fatigue, the mind that says you can not make it, that it will be difficult, indeed impossible. This is the thought of the classic runner who wants to run a marathon, which dreams just that, the most important Italian marathon, that of Rome, the Run Rome The Marathon.

As already happened for the 2021 edition, the project My First Run Più32,195km, the training program that has led dozens of runners to become marathon runners to win the medal.

My First Run Più32,195km was for all those who already know how to run, or at least walk, for at least 10km and who had in their hearts the desire to become marathon runners, to dare more, not to be just finishers, maybe a half marathon. Having the audacity to sign up for the Rome marathon and show up at the start will already be the first great victory, with My First Run Più32,195km everything will be easier and the dream become reality.

All those who have joined My First Run Più32,195km have been followed by a team of professional coaches, in particular by Andrea Giocondi, Olympic athlete and technical trainer, Italian champion of the middle distance and winner of the Golden Gala. Trainer and accompanist of the champion Annalisa Minetti at the Paralympics in London 2012. The second coach is Max Monaco, motivational coach, NLP master trainer, scientific collaborator of the University of Rome 3. In his career he has helped over 20 thousand people to leave sedentary life and start running.





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DANCE ROME, THERE'S THE MARATHON

Almost 40 different activities in 42km of asphalt and cobblestones, monuments and magical places renowned all over the world.

The more than 10 thousand runners of the marathon, the relay runners of the Acea Run4Rome and also the participants of the stracittadina Fun Race that arrives at the Circus Maximus will have something to rejoice about.

Running and applause is a marathon, but the Acea Run Rome The Marathon is also made of live music, DJ sets, dances, sports, bands of all kinds, drum shows, Original Brazilian Samba, percussion and percussionists, cheerleaders, in short, color and warmth. The protagonists are also the DJs of Radio 105 and Radio Globo.

Side events of an international marathon, the largest in Italy and one of the most awaited ever, the first 'great' of the European spring. Rome will be a joyful show, a return to life. A show in the show, the finish line is much closer when you fly.



DIMENTICA I TUOI LIMITI CORRI CON PASSIONE

OGNI ANNO, **ACEA RUN ROME THE MARATHON** RICHIAMA A SÈ MIGLIAIA DI APPASSIONATI DA TUTTO IL MONDO.

Un viaggio nella Città Eterna che ti farà innamorare della corsa e della maratona, una sfida personale per raggiungere un traguardo capace di cambiare le persone che lo conquistano.

Il **Corriere dello Sport-Stadio** è fiero di essere media partner della 27ª edizione di questa manifestazione, accanto a tutti i partecipanti che corrono con passione.

NON PERDERE IL 28 MARZO IL CORRIERE DELLO SPORT-STADIO CON L'ELENCO, IN ORDINE DI ARRIVO, DEI NOMI DI TUTTI I RUNNER DELL'ACEA RUN ROME THE MARATHON.



Corriere dello Sport
SEMPLICEMENTE PASSIONE

OFFICIAL MERCHANDISING, ROME IS FOREVER

To make the memory of the Acea Run Rome The Marathon special and forever, with its path, monuments and history, the organization with the company AironeGifts has created a line of official merchandising consisting of 10 souvenir items.

Products that always respond to the line of sustainability and already pre-acquistable even on the registration platform Endu such as the 500ml' thermal bottle, the Dermasphere, product for muscle relaxation the 'Mug,' the official cup. Rome with its marathon, its path, its monuments and its history will be with you forever.

They will accompany you for months and years, you will smell the perfume, you will remember happiness, every time you use them will be a caress for your heart.

Discover and buy the products of the official merchandising of Acea Run Rome The Marathon, produced by the company Airone, always bring them with you or give a gift to those you love. Rome is forever.

You can buy them now on the Endu marathon registration platform, even if you are already registered – [Buy Here](#)

[Discover here](#) all the articles of the Acea Run Rome The Marathon.



← White thermal bottle



↓ Block notes



← Poncho ball



← Jeans shopper skyline



↓ Green shopper skyline



↓ Black thermal bottle



← Thermal cup



↑ Thermal Bottle 1000



← Ceramic Mug



↓ Antibacterial pen

↑ Green thermal bottle



↓ Backpack with colors of Italy

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Scopri i materassi
DEDICATI AI CAMPIONI
DELLO SPORT!

VISIT ROMA

WITH "EXPERIENCE"

Running and marathon also mean tourism and Rome is a unique city. Also for this edition the participants and their families in the days before or after the race will be able to fully experience the city.

Take a trip to the info point, at the Expo Marathon Village to know and book the tour! You will have a dedicated cost for you – showing the bib is enough – and for an accompanying person...

ARCHEORUNNING

ArcheoRunning is a project created to entice more people to practice sports and at the same time get to know places unusual in Rome. The added value is the professionalism that guarantees an experience studied in all respects. It is a new way of experiencing the city by making gentle movement. Who it is aimed at: all age groups, offering running tours, or fitwalking tours. The only intent is to make the city known in a completely new way!

VILLAE - Villa Adriana

Friday 25 th march 2022

Free admission to Villa Hadrian's Villa (largo Marguerite Yourcenar, Tivoli) for runners of the Rome Marathon, relay and city run athletes (+ one companion) upon showing the race bib or registration receipt at the ticket office.

On request special guided tour in Italian at a reduced fee about "Wellness in villa" – discovering places for wellness in the emperor's villa. Between triclinium areas and thermal places we'll walk around the splendid setting of Villa Adriana exploring the taste of the ancients for well-being and the idea of water as a source of health, pleasure and harmony. The guided tour starts at 4:30 pm, we recommend to show up at the ticket office 30 minutes before to get tickets and for the green pass check.

Meeting point at the scale model of the villa.

Maximum 30 people

The tour will take 1 h 30 minutes Special price for runners of the Rome Marathon (+ one companion): € 5,00 each person (instead of € 7,00), free under 6 years old

GTI TOURIST GUIDES

GUIDES FOR CHAMPIONS! Rome as you have never seen it before!

Choose a GTI tour guide and visit Rome, the most beautiful city in the world! First time here? Perfect: we are delighted to be by your side, on the occasion of Run Rome the Marathon.

Been here before and already an expert? Even better! This city is truly magical and we are at

your disposal to help you discover ALL its secrets.

We offer you the best travel experience in the glorious history of Rome and Lazio animated by passion, with the right competence and a great desire to share our time with you to help you fall in love with Rome and its surroundings. We welcome everyone: adults and young people, sportsmen and couch potatoes, Italians and foreigners, able and disabled people.

We can tell you about Rome and its many wonders in different languages: Italian, English, French, German and Spanish.

Come to our stand, at the Marathon Village, to get to know us and book your tour!

You will have a price reserved for you – just show your race bib – and for an accompanying person.

Or consult our site. <https://www.guideturisticheitaliane.com/run-rome/>

PARCO REGIONALE DELL'APPIA ANTICA

Visit the Appia Antica Park by bike: from 23 to 31 March 2022 you will have* the possibility to rent a city-bike for the whole day at the cost of € 10.00 (instead of € 16.00) at the Centro Servizi Appia Antica – EcoBike. The promotion is valid for the athlete (with bib receipt) and one accompanying person.

The Appia Antica Regional Park with its 4,580 hectares is the largest urban protected area in Europe and is part of the system of protected natural areas of Lazio.

A green wedge that runs from the city center to the Castelli Romani. Here history, archaeology and nature come together in a landscape and environmental framework of exceptional interest that gives even the most intransigent visitors unexpected surprises.

The Park is easily reachable both by public transport (bus and metro) and by private means of transport (but in this case with limitations in some areas) and once reached the area of interest, it is a must to move on foot or by bicycle in order to respect this protected area. A network of Information Centers and bike

rental points allow you to plan your day inside the Park, providing maps and means to live your experience in one of the most beautiful Parks in Rome.

APPIA ANTICA ARCHAEOLOGICAL PARK

All registered runners for the Run Rome the Marathon (RRTM) are welcome in the Appia Antica



Archaeological Park.

From 23 to 31 March 2022, athletes with race (bib) number, together with an accompanying person, will be able to enter all of our sites free of charge. We look forward to seeing you at the Mausoleum of Cecilia Metella, at the archaeological complex of the Villa dei Quintili with the Casale of Santa Maria Nova, at the Capo di Bove complex and at the Antiquarium of Lucrezia Romana.

The Institute aims to promote the territorial area crossed by the ancient via Appia, recognizing the peculiarity of its heritage sites and the uniqueness of the various archaeological, monumental and landscape complexes.

The Appia Antica Archaeological Park extends from Porta Capena to the town of Frattocchie in the municipality of Marino, between via Ardeatina and via Appia Nuova, including Caffarella valley and Tormarancia area. Its perimeter coincides with the Appia Antica Regional Park which has competence on nature conservation and contributes to the enhancement of the same territory. The Archaeological Park competence extends on a large state-owned stretch of the ancient via Appia, extending from via Appia Antica no. 195 up to the locality of Frattocchie, including the monuments on the sides of the road, and the cultural sites of Cecilia Metella and Castrum Caetani, Capo di Bove, Villa dei Quintili and Santa Maria Nova, Tombs of via Latina, the complex of the Aqueducts, Villa dei Sette Bassi, Antiquarium of Lucrezia Romana.



The Appia Antica Archaeological Park protects, preserves and enhances its landscape and its tangible and intangible unique heritage as a whole.

ROMA VOLLEY CLUB & ACEA RUN ROME THE MARATHON RUN TOGETHER...

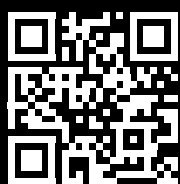
Don't miss out on the Promotion! ALL members participating in the Marathon 42 km or Fun Race 5 km will be able to buy the "marathon" ticket for only € 3 (instead of € 11) for the championship

match of women's volleyball Serie A1 Acqua & Sapone Roma Volley Club vs Delta Despar Trentino of 27/03/2022, at 5 pm Just show up with the Race (bib) number at the ticket office on the day of the match (Sunday 27/03 from 2.30 pm to 5 pm start time of the match) or write to wolves@romavolleyclub.it by Saturday 26/03, indicating race (bib) number, name and surname, place and date of birth, reserving the ticket to be collected at the box office of Palazzo dello Sport in Roma Eur before the match. FAMILIES with 4 or more members of the Marathon 42 km and Stracittadina 5 km will be able to purchase a "family" ticket at € 6 total for the whole group for the Serie A1 women's volleyball championship match Acqua & Sapone Roma Volley Club vs Delta Despar Trentino on 27/03/2022, at 5 pm.

Just write to the email wolves@romavolleyclub.it by Saturday 26/3, indicating the race (bib) numbers, names and surnames, with place and date of birth of each, reserving tickets to be picked up at the box office of the Palazzo dello Sport in Roma Eur by 5 pm (match start time) on Sunday 27/3.



Hey runner!
Corri ora su
@cisalfasport.it



Inquadra il QR
e segui la pagina
Instagram dedicata
ai runners
di cisalfasport

La catena italiana leader per lo sport e il lifestyle
cisalfasport.it



TIPS, RHYTHM, SAFETY:

133 PACERS

Thousands had replied to 'Call For Pacer 2022' last October, the initiative aimed at all those who in their history as marathon runners had gained significant experience as Pacer in important marathons.

They have completed the form on the site and have applied between dreaming of being pacer at the Run Rome The Marathon, the most participated running event in Italy.

Selected and managed by the runner Federica Romano, will be over 100 official pacers, also from many foreign nations, to start Sunday, March 27.

Being Pacer is an important responsibility, it means fulfilling a mission, having an extra gear, feeling inside the sacred fire of sacrifice to go to run a marathon thinking only and especially of others.

Being Pacer doesn't just mean putting balloons on your back with the final race time and running. It means helping thousands of marathon runners and bringing them to the finish line in the set time, dispensing advices, giving confidence, dictating the pace constantly.

A pacer turns into reality the dream of many marathon runners to cross a long-awaited goal.

The tears, the hugs, the smiles, a medal, a new friend who maybe comes from the other side of the world, the applause of the people, these are the rewards for a Pacer. Nothing more. All you need is a stopwatch and a big heart.

In the race with the balloons of 4 hours in addition to Annalisa Minetti there will also be another special pacer. With the time of 4h10', pushed by Father Paolo, there will be Sara Vargetto, a 'Roman teenager like many, but a little' special, for that irrepresible desire to live that emanates from all pores. Sara is affected by juvenile idiopathic arthritis, an inflammatory disease that involves degeneration of the joints and that appears at an early age, alternating stages of recrudescence and remission, and that forces her to move with a wheelchair.

Maybe this is why Sara lives life with great enthusiasm, fight-

ing the disease to the sound of workouts between gym, swimming, basketball and running, a passion she shares with her father Paolo. Together they found a special dimension in the world of running, while Sara pushes the pram, Dad Paolo keeps in shape helping her. Follow Sara will be as always very stimulating for all the runners who will follow her.

THE NUMBERS

133 pacer

Besides Italy represented 11 countries: United Kingdom, Holland, Belgium, Germany, Latvia, Spain, Portugal, United States, Japan, Greece and Ireland.

16 Italian regions represented

TIMES FROM 2H50' TO 6H30' BALLOON COLOURS AND TIMING:

1^ wave: 2h50 (red) - 3h (white) - 3h10 (yellow) - 3h20 (green) - 3h30 (fuchsia)

2^ wave: 3h10 (yellow) - 3h20 (green) - 3h30 (fuchsia) - 3h40 (blue) - 3h50 (orange) - 4h (silver) - 4h10 - 4h20 - 4h30

3^ wave: 3h40 (blue) - 3h50 (orange) - 4h (silver) - 4h10 (red) - 4h20 (white) - 4h30 (yellow) - 4h40 (green) - 4h50 (fuchsia) - 5h (blue) - 5h15 (orange) - 5h30 (silver) - 5h45 (red) - 6h (white) - 6h15 (yellow) - 6h30 (green)





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www.roma.bmw-motorrad.it

MAKE LIFE A RIDE

OUR HOUSE? THE EXPO VILLAGE

Expo Village is the “Home” of Acea Run Rome The Marathon. 22 hours concentrated in two days of entertainment, sport activity, sponsors’ stands and brands specialised in the world of running.

Open to participants but also to all those who like the world of sport, races and running. Expo Village is not only the place to collect your bib and race pack — it’s much more!

It’s the ideal place for members from all over the world to meet on the eve of the big event, perhaps sampling “the Expo Village Food & Beverage”, and a place where you can learn about the dynamics and mission of the Charity Program related to the marathon, relay, and Fun Race.

On Saturday, make sure not to miss the presentation of the Elite Runners, the champions at the start, and the Pacers, the race assistants who will lead all the marathon runners to the finish line.

Thanks to Oasi Park Roma many activities are planned for adults and children, with games, dances, workshops and soap bubbles with Ariel. More than one thousand volunteers are the true great engine of the Acea Run Rome The Marathon and for three days

they will be the face of Rome and its marathon, their assistance and professionalism, combined with the smile and enthusiasm, will be fundamental.

Many Associations in the field of assisting them, as always the Roman Historical Group is also present, active for more than 25 years in the field of dissemination cultural and, as in every edition, protagonist in the area departure and arrival with the re-enactment of ancient Rome, the unique reality accredited in the world.

EXPO VILLAGE 2022

is at the “Salone delle Fontane” in the EUR district Via Ciro il Grande 10 – Rome

Friday 25 and Saturday 26 March 2022

Open 9.00-20.00

Free entrance

How to get there:

- Metro B Eur Magliana stop (900 metres on foot)
- Metro B Eur Palasport stop (1 km on foot)
- Bus Stop Ple dell’Agricoltura



THE MASS OF THE MARATHON RUNNER

Athletica Vaticana, the official sports association of the Holy See, invites all participants of the marathon to the Marathon Mass for Saturday, March 26 at 6 pm in the Church of the Artists (Santa Maria in Montesanto) in Piazza del Popolo for the traditional Mass of the Marathon Runner. The Marathon Runner's Mass will be celebrated by Archbishop Paul Richard Gallagher, Secretary for Relations with States (the Holy See's "foreign minister") and together with him will celebrate many priests of different nationalities that the next day will also run the marathon. It will be an opportunity for a prayer of peace and to relaunch sport as an experience of fraternity and inclusion. The readings and prayers will be entrusted to professional and amateur athletes and at the end will be recited the Marathon Runner's Prayer, as well as the evocative blessing of athletes, coaches, managers and their families. A particularly important and exciting moment.

MEAL FOR THE POOR

Thursday, March 24 **Acea Run Rome The Marathon** will offer a meal to poor people who refer to the Reception Center opened at Palazzo Migliori by Apostolic Almsgiving - the Vatican office that exercises charity on behalf of the Pope - and entrusted to the Community of Sant'Egidio and the Franciscan Sisters of Our Lady of Sorrows. Some athletes, marathon organizers and poor people will share not only the meal but also their stories. The meeting will not be an isolated episode, they will deliver to the Food Center and other basic necessities as a sign of a friendship to carry on. The Day and Night Centre of Palazzo Migliori, opened personally by the Pope (15 November 2019) as a concrete sign of attention to the poor in the heart of Rome, is located in an extraterritorial area, right next to the colonnade of St Peter's Square. And, therefore, significantly, on the course of the race, towards the 16km. Athletica Vaticana has made possible the initiative proposed by the Acea Run Rome The Marathon, together with the Sports Group Yellow Flames, relaunching the close collaboration already in place to support the most vulnerable.



TOUR OPERATOR PARTNER

Thursday, March 24th With Jambo Group we have reserved exclusive offers to all runners at our facilities for the Acea Run Rome The Marathon. Look for the stand in and find the 2023 pre-sales. The hotels are located near the start of the marathon and are equipped with all amenities. Discover the offer that's right for you on www.jambogroup.it



ACEA RUN ROME MARATHON 2021





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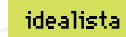
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